

Protein Summit 2.0: Evaluating the Role of Protein in Public Health

Proceedings of a conference held in Washington, DC
October 2, 2013

Scientific Program Organizer

Shalene McNeill, PhD, RD, LD
National Cattlemen's Beef Association
A Contractor to The Beef Checkoff

Sponsors

The Beef Checkoff
Dairy Research Institute
Egg Nutrition Center
Global Dairy Platform
Hillshire Brands
National Pork Board

Hosts

Purdue University, Ingestive Behavior Research Center
Reynolds Institute on Aging and University of Arkansas for Medical Sciences
University of Missouri, Department of Nutrition and Exercise Physiology
and the Nutritional Center for Health



Protein Summit 2.0 Steering Committee, Panelists, and Authors

Steering Committee

Arne Astrup
University of Copenhagen
Nørre Allé 51
2200 København N
Denmark
E-mail: ast@nexs.ku.dk

Donald Layman
University of Illinois
905 South Goodwin Avenue
437 Bevier Hall MC-184
Urbana, IL 61801
E-mail: dlayman@illinois.edu

Heather Leidy
University of Missouri
307 Gwynn Hall
Columbia, MO 65211
E-mail: leidyh@health.missouri.edu

Richard Mattes
Purdue University
Stone Hall, Room 212
700 West State Street
West Lafayette, IN 47907
E-mail: mattes@purdue.edu

Douglas Paddon-Jones
University of Texas Medical Branch
301 University Boulevard
Galveston, TX 77555
E-mail: djpaddon@utmb.edu

Stuart Phillips
McMaster University
1280 Main Street West
Ivor Wynne Centre, Room E210
Hamilton, Ontario L8S 4K1
Canada
E-mail: phillis@mcmaster.ca

Nancy Rodriguez
University of Connecticut
3624 Horsebarn Road Ext, Unit 4017
Storrs-Mansfield, CT 06269
E-mail: nancy.rodriguez@uconn.edu

Robert Wolfe
University of Arkansas for Medical Sciences
62 Duclair Court
Little Rock, AR 72223
E-mail: rwolfe2@uams.edu

Panelists and Authors

Sean Adams
USDA-Agricultural Research Service
430 West Health Sciences Drive, Room 212
Davis, CA 95616-5270
E-mail: sean.h.adams@ars.usda.gov

G Harvey Anderson
University of Toronto
150 College Street, Room 322
Toronto, Ontario M5S 3E2
Canada
E-mail: harvey.anderson@utoronto.ca



Tracy Anthony
Rutgers University
166 Foran Hall
59 Dudley Road
New Brunswick, NJ 08901
E-mail: tracy.anthony@rutgers.edu

Susan Barr
University of British Columbia
FNH 244, 2205 East Mall
Vancouver, BC V6T 1Z4
Canada
E-mail: susan.barr@ubc.ca

Louise Berner
California Polytechnic State University
Building 11, Room 225
San Luis Obispo, CA 93407
E-mail: lberner@calpoly.edu

Dennis Bier
Baylor College of Medicine
1100 Bates Street
Houston, TX 77030
E-mail: dbier@bcm.tmc.edu

Grant Brinkworth
CSIRO
PO Box 10041
Adelaide, BC
South Australia 5000
E-mail: grant.brinkworth@csiro.au

Peter Clifton
University of South Australia
Level 6 Eleanor Harrald Building
Frome Road
SA 5005
Australia
E-mail: peter.clifton@adelaide.edu.au

Teresa Davis
Baylor College of Medicine
1100 Bates Street
Houston, TX 77030
E-mail: tdavis@bcm.edu

Victor Fulgoni III
9725 D Drive
North Battle Creek, MI 49014
E-mail: vic3rd@aol.com

Robert Heaney
Creighton University Osteoporosis
Research Center
601 North 30th Street, Suite 4820
Omaha, NE 68131
E-mail: rheaney@creighton.edu

Paul Jacques
USDA Jean Mayer Human Nutrition Research
Center on Aging at Tufts University
711 Washington Street
Boston, MA 02111
E-mail: paul.jacques@tufts.edu

Stephen Kritchevsky
Wake Forest University
1 Medical Center Boulevard
Winston-Salem, NC 27157
E-mail: skritche@wfubmc.edu

Natalie Luscombe-Marsh
RAH - Eleanor Harrald, 6/F, Room 21
North Terrace, Adelaide SA 5000
Australia
E-mail: natalie.luscombe@adelaide.edu.au

Christopher Lynch
Penn State College of Medicine
500 University Drive
Hershey, PA 17033
E-mail: clynch@psu.edu



Sharon Miller
Stephens Hall, Room 211
347 South Gladstone Avenue
Aurora, IL 60506-4892
E-mail: sjmiller@aurora.edu

Lynn Moore
801 Massachusetts Avenue, Suite 470
Boston, MA 02118
E-mail: llmoore@bu.edu

Theresa Nicklas
Children's Nutrition Research Center
1100 Bates Street, Suite 6072
Mail Stop: BCM320
Houston, Texas 77030
E-mail: tnicklas@bcm.edu

Blake Rasmussen
University of Texas Medical Branch
301 University Boulevard
Galveston, Texas 77555
E-mail: blasmus@utmb.edu

Dale Schoeller
University of Wisconsin–Madison
1415 Linden Drive
Madison, WI 53706
E-mail: dschoell@nutrisci.wisc.edu

Joanne Slavin
166 Food Science and Nutrition
1334 Eckles Avenue
St. Paul, MN 55108
E-mail: jslavin@umn.edu

Luc van Loon
Maastricht University
PO Box 616
6200 MD Maastricht
The Netherlands
E-mail: l.vanloon@maastrichtuniversity.nl

Connie Weaver
Stone Hall, Room 210
700 West State Street
West Lafayette, IN 47907-2059
E-mail: weavercm@purdue.edu

Margriet Westerterp-Plantenga
Universiteitssingel 40
6229 ER Maastricht
The Netherlands
E-mail: m.westerterp@hb.unimaas.nl

Stephen Woods
Stetson Building
Suite 3200
Cincinnati, OH 45219
E-mail: woodssc@ucmail.uc.edu

Tom Wycherley
University of South Australia
City West Campus, Level 8 SAHMRI
Adelaide SA 5001
Australia
E-mail: tom.wycherley@unisa.edu.au



Supplement to
The American Journal of
CLINICAL NUTRITION

VOLUME 101 NUMBER 6(S) JUNE 2015

Supplement—Protein Summit 2.0: Evaluating the Role of Protein in Public Health

- 1317S Introduction to Protein Summit 2.0: continued exploration of the impact of high-quality protein on optimal health. *NR Rodriguez*
- 1320S The role of protein in weight loss and maintenance. *HJ Leidy, PM Clifton, A Astrup, TP Wycherley, MS Westerterp-Plantenga, ND Luscombe-Marsh, SC Woods, and RD Mattes*
- 1330S Defining meal requirements for protein to optimize metabolic roles of amino acids. *DK Layman, TG Anthony, BB Rasmussen, SH Adams, CJ Lynch, GD Brinkworth, and TA Davis*
- 1339S Protein and healthy aging. *D Paddon-Jones, WW Campbell, PF Jacques, SB Kritchevsky, LL Moore, NR Rodriguez, and LJC van Loon*
- 1346S Commonly consumed protein foods contribute to nutrient intake, diet quality, and nutrient adequacy. *SM Phillips, VL Fulgoni III, RP Heaney, TA Nicklas, JL Slavin, and CM Weaver*
- 1353S Effective translation of current dietary guidance: understanding and communicating the concepts of minimal and optimal levels of dietary protein. *NR Rodriguez and SL Miller*

