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MARION NESTLE, Ph.D., M.P.H.

CURRENT ADDRESS

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EDUCATION

1954-59	U. California Berkeley, Bacteriology (Phi Beta Kappa)	BA
1963-68	U. California Berkeley, Molecular Biology	PhD
1985-86	U. California Berkeley, Public Health Nutrition	MPH

LICENSE

New York State Certification in Nutrition, License #000007

PRIMARY APPOINTMENTS

1988- **New York University, Steinhardt School, Department of Nutrition, Food Studies & Public Health**
- 2004- Paulette Goddard Professor
- 2003-04 Professor and Director of Public Health Initiatives
- 1988-03 Professor and Chair

2006- **New York University, Arts & Science, Department of Sociology**
Professor (Honorary)

OTHER ONGOING APPOINTMENTS AND ACTIVITIES

Visiting Professor

2006- **Cornell University, College of Agriculture, Division of Nutritional Sciences** (Honorary)

Columnist

2007- *Bark Magazine,* contributing co-editor
2008- *San Francisco Chronicle,* Food Matters column

Internet

2009- Daily (almost) blog at www.foodpolitics.com, and at the Atlantic Food Channel at http://food.theatlantic.com
Twitter @marionnestle
2008- Weekly (almost) Q&A, Ask Marion at www.eatingliberally.org
2007-08 Blog at www.whattoeatbook.com

PAST APPOINTMENTS

1986-88 **Office of Disease Prevention and Health Promotion,**
Department of Health and Human Services, Washington, D.C.
Staff Director for Nutrition Policy and Senior Nutrition Policy Advisor
Managing Editor, 1988 *Surgeon General's Report on Nutrition and Health*

1976-86 **University of California San Francisco, School of Medicine**
Administrative
Associate Dean, School of Medicine, Human Biology Programs
Administrative Director, Medical Scientist Training Program (MD/PhD)
Acting Director (1983-84)
Director, John Tung/American Cancer Society Clinical Nutrition Education Center (1984-86)
Faculty
1976-85 Lecturer: Biochemistry and Biophysics (1976-85), Medicine (1979-84), Family and Community Medicine (1984-85)
1985-86 Adjunct Associate Professor, Family and Community Medicine
1983-86 Associated Faculty, Institute for Health Policy Studies

1971-76 **Brandeis University, Waltham, MA**
1971-73 Lecturer in Biology
1974-76 Assistant Professor of Biology

RECENT VISITING APPOINTMENTS

2007 **University of California Berkeley, Graduate School of Journalism**
Visiting Professor, Spring Semester

2006 **University of California, Berkeley, Schools of Public Policy, Public Health, and Journalism**
Visiting Professor, Spring Semester

RESEARCH TRAINING

1959-61 Encephalitis Research Laboratory, School of Public Health, UC Berkeley: Laboratory Technician/Research Assistant
1963-68 Department of Molecular Biology, UC Berkeley: Predoctoral Trainee
1968-71 Department of Biology, Brandeis University: Postdoctoral Fellow (Biochemistry, 1968-70; Developmental Biology, 1970-71)

RESEARCH INTERESTS: PUBLIC HEALTH NUTRITION

- Food and nutrition policy development and analysis (domestic and international), with a focus on dietary guidance; social and environmental influences on food choice; the politics of food safety; and the effects of food industry marketing on children's diets and health.
- Communicating information about the links among agriculture, food, nutrition, and health to students, professionals, and the public.

HONORS AND AWARDS (Last 5 years)

2004

- *Saveur*, The *Saveur* 100 Favorites
- UCLA Center for Society, the Individual, and Genetics, Distinguished Fellow
- New York *Daily News,* 100 Women Who Shape Our City
- Daniel E. Griffiths Research Award, NYU Steinhardt School of Education, *Safe Food*
- Alumna of the Year, University of California Berkeley, School of Public Health
- *Time*, Obesity Warrior
- American Public Health Association, David P. Rall Award for Advocacy in Public Health
- *Organic Style,* Environmental Power 50 List "Guardian of Good Eating"
- Saul O. Sidore Annual Lecture University of New Hampshire, Durham
- Elected Graduation Speaker, University of California School of Public Health, Berkeley
- Ninth Annual Carl Martinson Lecture, University of Minnesota School of Public Health, Minneapolis

2005

- American Association for the Advancement of Science, Fellow
- National Committee for Quality Assurance 2005 Health Quality Award
- American Society for Nutritional Sciences, Fellow

2006

- California Public Health Association--North, Bridging the Gap Award for Excellence in Science and Public Policy Writing
- San Francisco *Bay Guardian* 2006 Best of the Bay Award: Food Politics Lecture Series, Goldman School of Public Policy, University of California Berkeley
- Amazon.com editors' Top Ten Books of 2006, Health, Mind, and Body (*What to Eat,* #2)
- Professor of Sociology, NYU (Honorary)
- Visiting Professor, Nutrition Sciences, Cornell University (Honorary)
- *Eating Well magazine,* "Must-Read," *What to Eat*
- University of Toronto, 32nd Annual Edna W. Park Lecture

2007

- National Multiple Sclerosis Society Books for a Better Life Award (Wellness), *What to Eat*
- Nation's Restaurant News 50: Health Authorities
- University of California Alumni Association Centennial, 100 Berkeley Luminaries
- James Beard Award (Reference), *What to Eat*
- *Cooking Light,* Mover and Taste Shaper
- Natural Gourmet Institute Award for Excellence in Health-Supportive Food Education
- Charmaine and Maurice Kaplan Distinguished Lecture in Cancer Prevention, University of California San Diego Moores Cancer Center
- University of Wisconsin Union Directorate Distinguished Lecture, Madison
- Seventh Annual Rocky Young Lecture, Santa Monica College, California
- Annual President's Lecture, University of Oklahoma Honors College, Norman
- Annual Albert Howard Memorial Lecture, Navdanya Centre, New Delhi, India
- Annual Lecture in Honor of Sidney Mintz, Anthropology Department, Johns Hopkins, Baltimore

2008

- Eighth Annual Anne E. Dyson Memorial Grand Rounds Lecture, University of Rochester Strong Memorial Hospital, Pediatric Department
- Sander Gilman Distinguished Scholar Lecture, NYU
- Public Health Solutions, Policy and Advocacy Solutions Award

2009

- University of California, Santa Barbara, Interdisciplinary Humanities endowed lecture
- Rock Ethics Institute 9th Annual Lippin Ethics Lecture
- Wagner College Academic and Cultural Enrichment lecture
- Clinton School of Public Service, William J. Clinton Distinguished Lecture
- U.S. Embassy and Bruno Kreisky Forum for International Dialogue lecturer, Vienna
- Sixth Annual George McGovern Lecture, U.S. Embassy and Food and Agriculture Organization, Rome

2010

- The Bark magazine, 100 Best & Brightest (healer category)

PROFESSIONAL MEMBERSHIPS: CURRENT

American Association for the Advancement of Science
American Public Health Association
American Society of Nutrition
Association for the Study of Food and Society
Center for Science in the Public Interest
Culinary Historians of New York City
International Association of Culinary Professionals
James Beard Foundation
Les Dames d'Escoffier
Public Health Association of NYC
Slow Food USA

PROFESSIONAL COMMITTEES AND BOARDS

Current

2010- Edible Schoolyard, New York PS 216, Advisory Board
2009- Commission on Federal Leadership in U.S. Health and Medicine, Center for the Study of the Presidency and Congress
2009- Who's Who Committee, James Beard Foundation
2008- Botany of Desire (film), scientific advisory committee
2005- Slow Food, USA, Advisory Board
2005- Chez Panisse Foundation, Advisory Board
2004- Union of Concerned Scientists, Advisory Board
2002- California Center for Public Health Advocacy, scientific advisor
1998- New York Hall of Science, Distinguished Science Sponsor
1995- Harvard Business School and J.F. Kennedy School of Government, Private and Public, Scientific, Academic and Consumer Food Policy Committee (PAPSAC)

Past (Selected)

2006-08 Pew Commission on Industrial Farm Animal Production and Public Health
2002 New York State Health Department heart disease prevention plan, chair
2000-07 Data Management Committee, WHELS clinical trial, University of California San Diego Cancer Center
1998-01 FDA Science Advisory Board
1995-96 American Cancer Society, Prevention Subcommittee on Nutrition; Dietary Guidelines Committee, *Chair*
1994-95 DHHS/USDA Dietary Guidelines Advisory Committee
1993-97 New York State Commission on Dietetics and Nutrition
1992-95 FDA Food Advisory Committee
1991-93 National Association for Public Health Policy, Council on Food Policy, *Vice-Chair*
1990-91 U.S. Olympic Committee, Council on Sports Medicine and Science, Nutrition Subcommittee
1988-94 New York Academy of Medicine, Committee on Public Health, Subcommittee on Nutrition Education, *Chair* (1992-93)
1988-93 Center for Science in the Public Interest, Board of Directors
1986-88 DHHS Nutrition Policy Board, *Staff Director*
1976-86 California Nutrition Council
1976-86 Episcopal Sanctuary Advisory Board

EDITORIAL ADVISORY BOARDS (Current)

U.S.

The Bark (contributing editor)
Cooking Light
Eating Well
Nutrition Week
Gastronomica
Journal of Public Health Policy
The Lancet (editorial consultant)

International

Public Health Nutrition (U.K.)
Journal of Culinary Science & Technology (Dublin)
Food and Foodways (U.K.)

MANUSCRIPT REVIEWS (Current)

American Journal of Clinical Nutrition
American Journal of Public Health
European Journal of Public Health
Journal of the American Medical Association
Journal of the American Public Health Association
Journal of the National Cancer Institute
Journal of Public Health Policy
Public Health Nutrition

INTERNATIONAL CONSULTING

2002-05 World Health Organization (WHO), Geneva
1995 WHO Regional Office for Europe, Copenhagen
1989 Hungarian Ministry of Health and Social Welfare, Budapest
1990 Ministry of Health, Havana
1991 WHO Regional Office for Europe, Health Ministry of Mauritius
1986 U.S. Agency for International Development, Bangkok and Jakarta

NEW YORK UNIVERSITY SERVICE (Selected)

2009- Agnew Chair Ad Hoc selection committee, Steinhardt School
2008- Society of Fellows
2008- Committee on Promotion and Tenure, Steinhardt School
2007- Dean's advisory committee, Steinhardt School
2004-05 Committee on Promotion and Tenure, Steinhardt School of Education
2004- Faculty Collections Advisory Committee, Bobst Library
2003-04 Steering Committee, Global MPH Program
1996-98 Committee on Promotion and Tenure, School of Education (*Chair*, 1998)
1995-98 Whitehead Faculty Fellowship Review Committee
1991-98 Curriculum Challenge Grant review committee
1988-92 Wagner School of Public Service, Advanced Management Program for Clinicians, advisory committee

TEACHING EXPERIENCE

2006-10

- Nutrition in public health (NYU, Department of Nutrition, Food Studies, and Public Health, fall 2005, 2006, 2008 (graduate); spring 2008 (undergraduate)
- Nutrition in food studies (NYU, spring 2009)
- Food and nutrition policy (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Food politics (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Interpreting science (Graduate School of Journalism, UC Berkeley, spring 2007)
- Food sociology (NYU, fall 2007)
- Food ethics (NYU, spring 2010)

NYU teaching: 1988-2005

Community nutrition
Complementary nutrition therapy
Doctoral seminar
Food and culture
Food politics and policy
Food sociology
International nutrition
Introductory nutrition
Nutrition for food professionals

Nutrition in food studies
Nutrition in public health
Research applications
Program planning
Social and behavioral determinants of health

University of California San Francisco School of Medicine: 1976-86

Cell structure and function
Biochemistry
Clinical nutrition: medicine, pediatrics, obstetrics and gynecology, family & community medicine

Brandeis University: 1968-76

Introductory biology, lecture and laboratory
Cell biology
Research laboratory studies: invertebrate and vertebrate zoology, botany
Introductory nutrition

INVITED PRESENTATIONS: 2008-2009

2008

February 5 New York: St Vincent's Hospital Pediatric Grand Rounds (lecture)
February 12 Los Angeles: California Endowment (2 lectures)
February 21 NYU: Global Public Health Integrative Seminar (lecture)
February 27 New York: Eating Liberally (panel)
February 28 New York: Calhoun School, School and Society Initiative (lecture)
February 29 Princeton: Society of Fellows food conference (lecture)
March 5 Santa Barbara: Orfalea Fund event on school food (Q and A with Morgan Spurlock)
March 6 Menlo Park, CA: Stanford University, ethics and society program (lecture)
March 7 Menlo Park, CA: Stanford University, ethics and society program (seminar)
March 19 Rochester, NY: **Annual Anne E. Dyson Memorial Grand Rounds**, University of Rochester Pediatrics Department, Strong Memorial Hospital
March 27 NYU: Sander Gilman Distinguished Scholar Lecture, Silver 6-8 pm (panel)
April 4 Wesleyan, CT: Wesleyan Shasha Seminar for Human Concerns (**keynote**)
April 8 Washington, DC: Trans Atlantic Consumer Dialogue (**keynote**)
April 30 San Luis Obispo: Provost's Civic Engagement Speaker
May 1 Berkeley: School of Public Health (lecture)
May 3 Napa: Copia Center for Food and the Arts (panel)
May 4 San Francisco: Grace Cathedral public forum (talk)
May 17 NYU: College of Nursing Alumni meeting (**keynote**)
May 20 New York: Science Tonight with Ira Flatow (conversation)
June 3 Copenhagen, Denmark: Nordic Nutrition conference (**keynote**)
June 5 NYU: Fales Library (panel)
June 9 Ramapo College, Havemeyer Edible Garden (lecture)
July 14 Stevens Point, WI: University of Wisconsin, National Wellness Institute (**keynote**)
August 14 Chautauqua, NY: food week conference (lecture)
August 24 Berkeley, CA: Holistic Hound (book talk)
August 25 Berkeley, CA: Noe Valley Pets (book talk)

August 26 San Francisco: Commonwealth Club (talk)
August 28 Napa: Master Gardeners of Napa County at Copia, (**keynote**)
August 30 San Francisco: Slow Food Nation (panel)
September 9 Zurich: European Food & Beverage Risk conference (**keynote**)
September 11 Parma, Italy: Barilla (lecture)
September 16 New York: Global health meeting (panel)
September 18 Cambridge: Harvard Books (book talk)
September 20 Boston: Public Health Advocacy Institute (**keynote**)
September 24 New York: Culinary Historians of New York (panel)
September 27 Ithaca: Borders Books (book talk)
October 3 NYU: Feast and Famine (book talk)
October 4 NYU: School food conference **(keynote**)
October 9 Washington, DC: Politics and Prose (book talk)
October 16 Houston, TX: Food writers conference
October 18 NYU: NYU Medical Center obesity course (lecture)
October 21 NYU: Alumni event (talk)
October 29 Duluth, MN: College of St. Scholastica, Department of Peace and Justice (**keynote**)
November 5 Ithaca: Cornell Hans Bethe House lecturer
November 8 Washington, DC: Green Festivals (talk)
November 13 Toronto: Ontario Ministry of Agriculture, Food and Rural Affairs, 2008 Outlook Conference (plenary)
November 14 NYU: Dumplings and Dynasties: The Regional Cuisine and Food Culture of China conference (panel)
November 17 New York: Bulldog Reporter Food and Beverage PR Summit (**keynote**)
November 23 Boston, PAPSAC, Kennedy School (talk)
December 2 New York: Mid-Manhattan Library (lecture)
December 3 New York: D.H. Shaw Co (lecture)
December 4 Hyde Park: Culinary Institute of America (lecture)

2009

January 19 New York: Institute for Integrative Nutrition (lecture)
January 21 Toronto: University of Toronto, Hart House (lecture)
January 31 San Francisco: Union of Concerned Scientists Advisory Committee (panel)
February 3 Philadelphia: U. Pennsylvania Robert Wood Johnson Clinical Scholars Program (lecture)
February 5 New York: St. Luke's Roosevelt Hospital Center, Cardiovascular Fellows Forum series (lecture)
February 11 Kansas City: Kansas City Public Library, book talk
February 12 Kansas City: Kansas City Healthy Kids conference (**keynote**)
February 25 Los Angeles: NYU Regional Alumni group (talk)
February 26 Santa Barbara: University of California, Santa Barbara, Interdisciplinary Humanities Center **(endowed lecture)**
March 12 New York: Hermann Biggs Society (lecture)
March 16 New York: NYU Medical Center, medical class (lecture)
March 17: Toledo OH: University of Toledo, Environmental Sciences and Women's and Gender Studies Programs (lecture)

March 24 New York: New York State Health Foundation (lecture)
March 25: Cambridge, MA: MIT Knight Science Journalism Fellowship program (lecture)
April 1 State College PA: Pennsylvania State University Bioethics and Medical Humanities Program, Rock Ethics Institute **9th Annual Lippin Ethics Lecture** and Workshop
April 2 State College PA: Pennsylvania State University, Lobby Talks program
April 6 Staten Island: Wagner College **Academic and Cultural Enrichment** lecture
April 15 NYU: class
April 18 Richmond, VA: Richmond Forum (with Michael Pollan)
April 20 New York: Food, Inc. preview (panel)
April 30 Philadelphia: U. Pennsylvania Law School
May 1 New York: Gel 2008
May 14 New York: York College/FDA Collaboration (lecture)
May 16 Portland OR: Oregon State University, Linus Pauling Institute (lecture)
May 18 New York: New York Public Library (panel)
May 27 Little Rock, AK: Clinton School of Public Service, **William J. Clinton Distinguished Lecture**
May 28 New York: STOP (Safe Tables Our Priority) fundraiser, 7:30
June 17 New York: Corporate Accountability fundraiser (talk)
June 19 New York: CIES Food Business Summit (speaker)
July 15 Fairbanks AL: University of Alaska Fairbanks Summer Sessions (lecture)
August 2 New Delhi Global Conference on Meeting Nutritional Challenges with Sustainability and Equity (**keynote**).
August 20 New York: Hosted screening of film, No Impact Man (panel moderator)
September 17 New London, CT: Connecticut College (lecture)
September 24 Vienna: U.S. Embassy and Bruno Kreisky Forum for International Dialogue lecturer
Oct 2 Philadelphia: Les Dames d'Escoffier annual meeting (**keynote**)
Oct 2 Philadelphia: Fair Food press conference, Reading Terminal market (talk)
Oct 3 Bar Harbor: College of the Atlantic conference on sustainable food systems (**keynote**)
October 8 Los Angeles: Kaiser Permanente Hypertension Symposium (lecture)
October 15 Rome: U.N. Food and Agriculture Organization staff, lecture
October 15 Rome: Roma Tre University master's program in Human Development and Food Security, lecture
October 16 Rome: **Sixth Annual George McGovern Lecture**, Food and Agriculture Organization
October 16 Rome: showing of the film, *Fresh*, talk
October 19 Milan: Nutrition Foundation of Italy, lecture
October 20 Vicenza: Fondazione Study Universitari, University of Padua, lecture
November 3 New York: Conference on Industry-Medicine relationships
November 5 NYU: Fales panel on the James Beard Foundation's Who's Who
November 11 Little Rock, AK: U. Central Arkansas, Honors College Challenge Week (**keynote**)
November 13 U.C. Berkeley: Michael Pollan's journalism class (talk)
November 14 San Francisco: Green Festivals, lecture
November 17 New York: National Resource Defense Council benefit luncheon, panelist
November 19 New York: Screening of Food, Inc, panelist
November 20 White Plains: Cat Writers Association (lecture)
December 4 NYU: Public Health Student group
December 8 New York: DeWitt Clinton High School Book-to-Author lecture
December 8 New York University: Society of Fellows (lecture)

PUBLICATIONS

Thesis

Nestle M. Purification and properties of a nuclease from *Serratia marcescens.* Berkeley: University of California 1968.

Books

Nestle M. *Nutrition in Clinical Practice.* Greenbrae CA: Jones Medical Publications 1985: 328 pages.

- Asian edition: Maruzen Publishers, Singapore, 1986
- Greek edition: G.K. Parisianes Publisher, Athens, 1987

Nestle M. *Food Politics: How the Food Industry Influences Nutrition and Health.* Berkeley: University of California Press, 2002: 457 pages.

- Paperback edition: University of California Press, 2003.
- Chinese edition: Social Sciences Academic Press, Beijing (Liu Wenjun et al, translators, simplified characters) 2004.
- Japanese edition: Tokyo: Tuttle-Mori Agency, Inc, 2005.
- Revised edition, University of California Press, 2007

Nestle M. *Safe Food: Bacteria, Biotechnology, and Bioterrorism.* Berkeley: University of California Press, 2003: 350 pages.

- Paperback edition: University of California Press, 2004
- Chinese edition: (Huang Yu-Tong et al, translators, simplified characters) Social Science Academic Press, Beijing, 2004
- Japanese edition (Tamako Hirose and Hiroko Kubata, translators), Iwanami Shoten, Tokyo, 2009.
- Revised edition: University of California Press, 2010: in press.

Nestle M. *What to Eat.* New York: North Point Press (Farrar, Straus and Giroux), 2006: 611 pages.

- Paperback edition: 2007
- Hebrew edition, Tel Aviv: Modan and Kineret Publishers, 2007.

Nestle M. *Pet Food Politics: The Chihuahua in the Coal Mine.* Berkeley: University of California Press, 2008: 219 pages.

- Paperback edition: University of California Press, 2010: in press.
- Japanese edition: Iwanami Shoten, Tokyo (expected 2012).

Nestle M, Nesheim MC. *Feed Your Pet Right.* New York: Free Press/Simon & Schuster, 2010: in press.

Edited Books

Department of Health and Human Services, Public Health Service. *The Surgeon General's Report on Nutrition and Health.* Publ. No. (PHS) 88-50210. Washington DC: U.S. Government Printing Office, 1988, 712 pages [*Managing Editor*].

- Reprint: Prima Publishing, 1989.

- Reprint: Warner Books, 1989.

Nestle M, Dixon LB, eds. *Taking Sides: Clashing Views on Controversial Issues in Nutrition and Food,* New York: McGraw Hill/Dushkin, 2004.

PUBLISHED ARTICLES, SELECTED, SINCE THE MID-1990s

Professional Articles (Selected)

Nestle M. The law and nutrition. *New York State Bar Journal* 1994;May/June:38-41.

Nestle M. Traditional models of healthy eating: alternatives to techno-food. *Journal of Nutrition Education* 1994;26:241-245.

Nestle M. Folate and neural tube defects: policy implications. *Journal of Nutrition Education* 1994;26:287-293.

Nestle M, Dalton S. Food aid and international hunger crises: the United States in Somalia. *Agriculture and Human Values* 1994;11(4):19-27.

Mueller C, Nestle M. Regulation of medical foods: toward a rational policy. *Nutrition in Clinical Practice* 1995;10(1):8-15.

Nestle M. Mediterranean diets: historical and research overview. *American Journal of Clinical Nutrition* 1995;61(suppl):1313s-1320s.

Young LR, Nestle M. Portion sizes in dietary assessment: issues and policy implications. *Nutrition Reviews* 1995;53:149-158.

Young LR, Nestle M. Food labels consistently underestimate the actual weights of single-serving baked products. *Journal of the American Dietetic Association* 1995;95:1150-1151.

Rose D, Nestle M. Welfare reform and nutrition education: alternative strategies to address the challenges of the future. *Journal of Nutrition Education* 1996:29:61-66.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Social History of Alcohol Review* 1996;32-33:45-59. Reprinted in: *Nutrition Today*, 1997.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Nutrition Today* 1997;32(2):86-92.

Young LR, Nestle M. Variation in perceptions of a "medium" food portion: implications for dietary guidance. *Journal of the American Dietetic Association* 1998;98:458-459.

Nestle M, Wing R, Birch L, et al. Behavioral and social influences on food choice. *Nutrition Reviews* 1998;56:s50-s64.

Singer AJ, Werther K, Nestle M. Improvements are needed in hospital diets to meet dietary guidelines for health promotion and disease prevention. *Journal of the American Dietetic Association* 1998;98:639-641.

Nestle M. The selling of olestra. *Public Health Reports* 1998;113:508-520.

Nestle M. In defense of the USDA Food Guide Pyramid. *Nutrition Today*, 1998;33(5):189-197.

Nestle M, Woteki C. Interpretation of dietary change in the United States: fat as an indicator. *Appetite* 1999;32:107-112.

Nestle M. Hunger in America: A Matter of Policy. *Social Research* 1999;66(1): 257-282.

Nestle M. Meat or wheat for the next millennium? Plenary lecture: animal v. plant foods in human diets and health: is the historical record unequivocal? *Proceedings of the Nutrition Society* (U.K.) 1999;58:211-218.

Nestle M. Dietary supplement advertising: a matter of politics, not science. *Journal of Nutrition Education* 1999;31:278-282.

Nestle M, Jacobson MF. Halting the obesity epidemic: A public health policy approach. *Public Health Reports* 2000;115:12-24.
Reprinted (in part) in: *Nutrition Week*, 2000.
Reprinted in: Klimis-Zacas DJ, ed. *Annual Editions: Nutrition,* 13th ed, 2001-2002. Guilford, CT: McGraw-Hill/Dushkin, 2001:102-110.
Reprinted in: *The Snail,* December 2003.

Nestle M. Soft drink "pouring rights:" marketing empty calories. *Public Health Reports* 2000;115:308-319.

Nestle M. Ethical dilemmas in choosing a healthful diet: Vote with your fork! *Proceedings of the Nutrition Society* (U.K.) 2000;59:619-629.

Kumanyika SK, Morssink CB, Nestle M. Minority women and advocacy for women's health. *American Journal of Public Health* 2001;91:1383-1388.

Nestle M. Food company sponsorship of nutrition research and professional activities: A conflict of interest? *Public Health Nutrition* 2001;4:1015-1022.

Young LR, Nestle M. The contribution of expanding portion sizes to the U.S. obesity epidemic. *American Journal of Public Health* 2002;92:246-249.

Byers T, Nestle M, McTeirnan A, Doyle C, Currie-Williams A, Gansler T, Thun M, and the American Cancer Society 2001 Nutrition and Physical Activity Guidelines Advisory Committee. American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention: Reducing the Risk of

Cancer with Healthy Food Choices and Physical Activity. *CA Cancer Journal for Clinicians* 2002;52:92-119.

Young L, Nestle M. Expanding portion sizes in the U.S. marketplace: Implications for nutrition counseling. *Journal of the American Dietetic Association* 2003;103:231-234.

Lewin A, Lindstrom L, Nestle M. Food industry promises to address childhood obesity: preliminary evaluation. *Journal of Public Health Policy* 2006;27:327-348.

Young L, Nestle M. Portion sizes and obesity: Response of fast food companies. *Journal of Public Health Policy* 2007;28:238-248.

Nestle M. Eating made simple. *Scientific American,* September 2007:60-69.

Nestle M. Reading the food social movement. *World Literature Today* 2009;January-February:37-39.

Joseph M, Nestle M. The ethics of food. *Lahey Clinic Journal of Medical Ethics* 2009;16(1):1-7.

Editorials and Commentary (Selected)

Nestle M. The politics of dietary guidance--a new opportunity [editorial]. *American Journal of Public Health* 1994;84:713-715.

Nestle M. Allergies to transgenic foods--questions of policy [editorial]. *New England Journal of Medicine* 1996;334:726-728.

Nestle M. Fruits and vegetables: protective or just fellow travelers? *Nutrition Reviews* 1996;54(8):255-257.

Nestle M. Broccoli sprouts as inducers of carcinogen-detoxifying enzyme systems: clinical, dietary, and policy implications [editorial]. *Proceedings of the National Academy of Sciences* 1997:94:11149-11151. Reprinted in: *Nutrition Reviews,* 1998.

Nestle M. Toward more healthful dietary patterns—a matter of policy [editorial]. *Public Health Reports* 1998;113:420-423.

Nestle M. Nutrition and women's health: the politics of dietary advice [editorial]. *Journal of the American Medical Women's Association* 2001;56:42-43.

Nestle M. Deconstructing dietary guidelines. *Gastronomica*, February 2001:3-4.

Fried EJ, Nestle M. The growing political movement against soft drinks in schools [commentary]. *Journal of the American Medical Association* 2002;288:2181.

Nestle M. Increasing portion sizes in American diets: more calories, more obesity [commentary]. *Journal of the American Dietetic Association* 2003;103:39-40.

Nestle M. The ironic politics of obesity [editorial]. *Science* 2003:299:781.

Nestle M. Not good enough to eat [commentary]. *New Scientist* 2003;177 (February 22):25.

Nestle M. In praise of the organic environment. *Global Agenda* (World Economic Forum, Davos), 2005:218-219. Reprinted in:

- *Co-op Community News* (Community Food Co-op, Bellingham WA), April 2005
- George-Warren H, ed. *Farm Aid: A Song for America.* Rodale Press, 2005:209-210.

Nestle M. Preventing childhood diabetes: The need for public health intervention [editorial]. *American Journal of Public Health* 2005;95:1497-1499.

Nestle M. Food marketing and childhood obesity—a matter of policy [Perspective]. *New England Journal of Medicine* 2006;354:2527-2528.

Nestle M. Food industry and health: mostly promises, little action. *Lancet* 2006;368:564-565.

Nestle M. Food safety and food security: a matter of public health. *Bija* (India) 2007;45:34-37.

Woolf SH, Nestle M. Do dietary guidelines explain the obesity epidemic? *American Journal of Preventive Medicine* 2008;34(3):263-265.

Ludwig D, Nestle M. Can the food industry play a constructive role in the obesity epidemic? *JAMA* 2008;300:1808-1811.

Nestle M. What Obama can do in the USA. *Public Health Nutrition* 2009;12(3):433-435.

Book Chapters (Selected)

Nestle M, Woteki CE. Trends in American dietary patterns: research issues and policy implications. In: Bronner F, ed. *Nutrition and Health--Topics and Controversies.* Boca Raton, FL: CRC Press, 1995:1-44.

Nestle M. Nutrition. In: Woolf S, Lawrence R, Jonas S, eds. *Health Promotion and Disease Prevention in Clinical Practice.* Baltimore, MD: Williams & Wilkins, 1996:193-216.

Nestle M. Food lobbies, the food pyramid, and U.S. nutrition policy. In: Lee PR, Estes CL, Close L, eds. *The Nation's Health,* 5th ed. Sudbury MA: Jones and Bartlett, Publ, 1997:210-222.

Nestle M. The role of chocolate in the American diet: nutritional perspectives. In: Szogyi A, ed. *Chocolate, Food of the Gods.* Westport, CN: Greenwood Press, 1997:111-124.

Caldwell D, Nestle M, Rogers W. School Nutrition Services. In: Marx E, Wooley SF, Northrop D, eds. *Health is Academic: A Guide to Coordinated School Health Programs.* New York, Teachers College Press, 1998:195-223.

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