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**MARION NESTLE, Ph.D., M.P.H.**

**CURRENT ADDRESS**

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**EDUCATION**

1954-59 U. California Berkeley, Bacteriology, *Phi Beta Kappa* BA  
1963-68 U. California Berkeley, Molecular Biology PhD  
1985-86 U. California Berkeley, Public Health Nutrition MPH

**HONORARY DEGREE**

2012 Doctor of Science *Honoris Causa*, Transylvania University

**LICENSE**

New York State Certification in Nutrition, License #000007

**PRIMARY APPOINTMENTS**

1988- New York University, Steinhardt School, Department of Nutrition, Food Studies & Public Health

2004- Paulette Goddard Professor

2003-04 Professor and Director of Public Health Initiatives

1988-03 Professor and Chair

2006- New York University, Arts & Science, Department of Sociology  
Professor (Honorary)

**OTHER ONGOING APPOINTMENTS AND ACTIVITIES**

**Visiting Professor**

2006- Cornell University, College of Agriculture, Division of Nutritional Sciences  
(Honorary)

**Columnist**

2008- *San Francisco Chronicle*, monthly (first Sunday) [Food Matters column](#)

2012 *Washington Square News*, weekly Nutritionist's Notebook Q and A

**Internet**

2010- Twitter @marionnestle

2009- Daily (almost) blog at [www.foodpolitics.com](http://www.foodpolitics.com) and at [The Atlantic/Life](http://TheAtlantic/Life)

2008- Occasional Q&A, Ask Marion at [www.eatingliberally.org](http://www.eatingliberally.org)

2007-08 Blog at [www.whattoeatbook.com](http://www.whattoeatbook.com)

**PAST APPOINTMENTS**

1986-88 **Office of Disease Prevention and Health Promotion,  
Department of Health and Human Services, Washington, D.C.**  
Staff Director for Nutrition Policy and Senior Nutrition Policy Advisor  
Managing Editor, 1988 *Surgeon General's Report on Nutrition and Health*

1976-86 **University of California San Francisco, School of Medicine**

Administrative

Associate Dean, School of Medicine, Human Biology Programs  
Administrative Director, Medical Scientist Training Program (MD/PhD)  
Acting Director (1983-84)  
Director, John Tung/American Cancer Society Clinical Nutrition Education Center  
(1984-86)

Faculty

1976-85 Lecturer: Biochemistry and Biophysics (1976-85), Medicine (1979-84),  
Family and Community Medicine (1984-85)  
1985-86 Adjunct Associate Professor, Family and Community Medicine  
1983-86 Associated Faculty, Institute for Health Policy Studies

1971-76 **Brandeis University, Waltham, MA**

1971-73 Lecturer in Biology  
1974-76 Assistant Professor of Biology

**RECENT VISITING APPOINTMENTS**

2007 **University of California Berkeley, Graduate School of Journalism**  
Visiting Professor, Spring Semester

2006 **University of California, Berkeley, Schools of Public Policy, Public Health, and Journalism**  
Visiting Professor, Spring Semester

**RESEARCH TRAINING**

1959-61 Encephalitis Research Laboratory, School of Public Health, UC Berkeley: Laboratory  
Technician/Research Assistant  
1963-68 Department of Molecular Biology, UC Berkeley: Predoctoral Trainee  
1968-71 Department of Biology, Brandeis University: Postdoctoral Fellow (Biochemistry, 1968-70;  
Developmental Biology, 1970-71)

**RESEARCH INTERESTS: PUBLIC HEALTH NUTRITION**

- Food and nutrition policy development and analysis (domestic and international), with a focus on dietary guidance; social and environmental influences on food choice; the politics of food safety; and the effects of food industry marketing on children's diets and health.
- Communicating information about the links among agriculture, food, nutrition, and health to students, professionals, and the public.

## HONORS AND AWARDS (Selected)

### 1994-2001

- 1994 American Public Health Association, Food and Nutrition Section,  
Excellence in Dietary Guidance Award
- 1997 *Eating Well*, Nutrition Educator of the Year
- 1999 *Self*, Food Influential
- 1999 Roundtable for Women in Food Service, Pacesetter Educator of the Year
- 2001 *Health: Women Who Change the Way We Eat*

### 2003

- Association of American Publishers, Outstanding Professional and
- Scholarly Titles of 2002 (category: Nursing & Allied Health), *Food Politics*
- James Beard Foundation Book Award (category: Literary), *Food Politics*
- James Beard Foundation Who's Who in Food and Beverage in America (Lifetime Achievement)
- World Hunger Year Harry Chapin Media Award (book), *Food Politics*
- *Vanity Fair*, Food Snob's Dictionary (Entry)
- *San Francisco Chronicle* Best Books of 2003, *Safe Food*

### 2004

- *Saveur*, The *Saveur* 100
- *New York Daily News*, 100 Women Who Shape Our City
- Daniel E. Griffiths Research Award, NYU Steinhardt School of Education, *Safe Food*
- Alumna of the Year, University of California Berkeley, School of Public Health
- *Time*, Obesity Warrior
- American Public Health Association, David P. Rall Award for Advocacy in Public Health
- *Organic Style*, Environmental Power 50 List "Guardian of Good Eating"
- Elected Graduation Speaker, University of California School of Public Health, Berkeley

### 2005

- American Association for the Advancement of Science, Fellow
- National Committee for Quality Assurance 2005 Health Quality Award
- American Society for Nutritional Sciences, Fellow

### 2006

- California Public Health Association--North, Bridging the Gap Award for Excellence in Science and Public Policy Writing
- San Francisco *Bay Guardian* 2006 Best of the Bay Award: Food Politics Lecture Series (Goldman School of Public Policy, University of California Berkeley)
- Amazon.com editors' Top Ten Books of 2006, Health, Mind, and Body (*What to Eat*, #2)
- *Eating Well* magazine, "Must-Read," *What to Eat*

### 2007

- National Multiple Sclerosis Society Books for a Better Life Award (Wellness), *What to Eat*
- Nation's Restaurant News 50: Health Authorities
- University of California Alumni Association Centennial, 100 Berkeley Luminaries

- James Beard Book Award (Reference), *What to Eat*
- *Cooking Light*, Mover and Taste Shaper
- Natural Gourmet Institute Award for Excellence in Health-Supportive Food Education
- Annual Albert Howard Memorial Lecture, Navdanya Centre, New Delhi, India
- Annual Lecture in Honor of Sidney Mintz, Anthropology Department, Johns Hopkins, Baltimore

## 2008

- Public Health Solutions, Policy and Advocacy Solutions Award

## 2009

- U.S. Embassy and Bruno Kreisky Forum for International Dialogue lecturer, Vienna
- Sixth Annual George McGovern Lecture, U.S. Embassy and Food and Agriculture Organization, Rome

## 2010

- The Bark magazine, 100 Best & Brightest (healer category), *Pet Food Politics*
- Robert Putnam Social Capital Award, Living Liberally
- The John Dewey Award for Distinguished Public Service, Bard College
- Cision Navigator's Top 10 Food and Nutrition Blogs, [foodpolitics.com](http://foodpolitics.com)
- The Health Hawk's Top 10 Most Influential Public Health Professors
- Health Administration Masters' Top 50 Global Food Security Blogs, [foodpolitics.com](http://foodpolitics.com)
- Guide to Online Schools' Top 50 Agriculture Blogs, [foodpolitics.com](http://foodpolitics.com)

## 2011

- Health-O-Rama's Top 10 most influential health education professors
- National Public Health Hero, University of California Berkeley School of Public Health
- Time Magazine's top 140 twitter feeds, @marionnestle
- Time Magazine's top 10 twitters in health and sciences, @marionnestle
- Jamie Oliver's Food Revolution May 2011 Blog of the Month, [foodpolitics.com](http://foodpolitics.com)
- Forbes Magazine: Michael Pollan's 7 Most Powerful Foodies (#2)
- Food Republic's Top 5 Food Politics Websites (#1) [foodpolitics.com](http://foodpolitics.com)
- New York Times: Mark Bittman's foodies to be thankful for (#1)

## 2012

- Greenscape' Golden Artichoke Award (tied for #1), [foodpolitics.com](http://foodpolitics.com)
- Distinguished Scholar Award, University of Wisconsin-Whitewater, College of Letters & Sciences
- Greatist.com's Top 15 Crusaders for Health in the Food Industry (#1)
- Healthline.com's Top 14 obesity blogs *Food Politics*
- Whole Living's Visionary, The Badass (2012;71:106)
- Huffington Post's 35 diet and nutrition experts you need to follow on Twitter (#3)
- Honorary Doctor of Science, Transylvania University
- Spirit of American Women award, YWCA Syracuse and Onondaga County
- Greatist.com's Top 100 Most Influential in Health and Fitness (#29)

**2013**

Greatist.com's Top 60 must-read health and fitness blogs (#4)

**PROFESSIONAL MEMBERSHIPS: CURRENT**

- American Association for the Advancement of Science
- American Public Health Association
- American Society for Nutrition
- Association for the Study of Food and Society
- Center for Science in the Public Interest
- Culinary Historians of New York City
- International Association of Culinary Professionals
- James Beard Foundation
- Les Dames d'Escoffier
- Public Health Association of New York City
- Slow Food USA
- World Public Health Nutrition Association

**PROFESSIONAL COMMITTEES AND BOARDS****Current**

2013 James Beard Journalism Awards, Judge

2013 Cornell Cooperative Extension Applied Research Awards, Evaluator

2012 National Resources Defense Council Growing Green Awards advisory committee

2012 Leverhulme Centre for Integrative Research on Agriculture and Health (LCIRAH), advisory committee

2011- National Wellness Directory, Board of Directors

2011- James Beard Foundation, Leadership Awards Committee

2011- Prevention Institute Advisory Board

2010- Corporate Accountability/Value the Meal Advisory Board

2010- Food and Environment Reporting Network, Nation Institute, Advisory Board

2010- In Defense of Food (film) scientific advisory committee

2010- Edible Schoolyard, New York PS 216, Advisory Board

2009- Commission on Federal Leadership in U.S. Health and Medicine, Center for the Study of the Presidency and Congress

2009- Who's Who Committee, James Beard Foundation

2008- Botany of Desire (film), scientific advisory committee

2005- Slow Food, USA, Advisory Board

2005- Chez Panisse Foundation, Advisory Board

2004- Union of Concerned Scientists, Advisory Board

2002- California Center for Public Health Advocacy, scientific advisor

1998- New York Hall of Science, Distinguished Science Sponsor

1995- Harvard Business School and J.F. Kennedy School of Government, Private and Public, Scientific, Academic and Consumer Food Policy Committee (PAPSAC)

**Past (Selected)**

- 2006-08 Pew Commission on Industrial Farm Animal Production and Public Health  
 2002 New York State Health Department heart disease prevention plan, chair  
 2000-07 Data Management Committee, WHEL5 clinical trial, University of California San Diego Cancer Center  
 1998-01 FDA Science Advisory Board  
 1995-96 American Cancer Society, Prevention Subcommittee on Nutrition; Dietary Guidelines Committee, *Chair*  
 1994-95 DHHS/USDA Dietary Guidelines Advisory Committee  
 1993-97 New York State Commission on Dietetics and Nutrition  
 1992-95 FDA Food Advisory Committee  
 1991-93 National Association for Public Health Policy, Council on Food Policy, *Vice-Chair*  
 1990-91 U.S. Olympic Committee, Council on Sports Medicine and Science, Nutrition Subcommittee  
 1988-94 New York Academy of Medicine, Committee on Public Health, Subcommittee on Nutrition Education, *Chair* (1992-93)  
 1988-93 Center for Science in the Public Interest, Board of Directors  
 1986-88 DHHS Nutrition Policy Board, *Staff Director*  
 1976-86 California Nutrition Council  
 1976-86 Episcopal Sanctuary Advisory Board

**EDITORIAL ADVISORY BOARDS (Current)****U.S.**

- *Bellevue Literary Review*
- *Cooking Light*
- *Eating Well*
- *Gastronomica*
- *Journal of Public Health Policy*
- *The Lancet*

**International**

- *Public Health Nutrition* (U.K.)
- *Journal of Culinary Science & Technology* (Dublin)
- *Food and Foodways* (U.K.)

**MANUSCRIPT REVIEWS (Current)**

- American Journal of Clinical Nutrition
- American Journal of Preventive Medicine
- American Journal of Public Health
- European Journal of Public Health
- Journal of the American Medical Association
- Journal of the American Public Health Association
- Journal of Public Health Policy
- Lancet
- New England Journal of Medicine

- PLoS Medicine
- PLoS One
- Public Health Nutrition

### **INTERNATIONAL CONSULTING**

- 2002-05 World Health Organization (WHO), Geneva  
 1995 WHO Regional Office for Europe, Copenhagen  
 1989 Hungarian Ministry of Health and Social Welfare, Budapest  
 1990 Ministry of Health, Havana  
 1991 WHO Regional Office for Europe, Health Ministry of Mauritius  
 1986 U.S. Agency for International Development, Bangkok and Jakarta

### **NEW YORK UNIVERSITY SERVICE (Selected)**

- 2013 Catherine Ross Chair selection committee  
 2013 Steinhardt Strategic Plan Wellness committee, *chair*  
 2009 Agnew Chair Ad Hoc selection committee, Steinhardt School  
 2008- Society of Fellows  
 2008-11 Committee on Promotion and Tenure, Steinhardt School  
 2007-11 Dean's advisory committee, Steinhardt School  
 2004-05 Committee on Promotion and Tenure, Steinhardt School of Education  
 2004- Faculty Collections Advisory Committee, Bobst Library  
 2003-04 Steering Committee, Global MPH Program  
 1996-98 Committee on Promotion and Tenure, School of Education (*Chair*, 1998)  
 1995-98 Whitehead Faculty Fellowship Review Committee  
 1991-98 Curriculum Challenge Grant review committee  
 1988-92 Wagner School of Public Service, Advanced Management Program for Clinicians, advisory committee

### **TEACHING EXPERIENCE**

#### **2006-10**

- Nutrition in public health (NYU, Department of Nutrition, Food Studies, and Public Health, fall 2005, 2006, 2008 (graduate); spring 2008 (undergraduate))
- Nutrition in food studies (NYU, spring 2009)
- Food and nutrition policy (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Food politics (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Interpreting science (Graduate School of Journalism, UC Berkeley, spring 2007)
- Food policy (NYU, spring 2005, fall 2010, fall 2012)
- Food sociology (NYU, fall 2007, fall 2009, fall 2011)
- Food ethics (NYU, spring 2010)
- Food writing (NYU, spring 2012)
- Food advocacy (NYU, spring 2013)

**NYU teaching: 1988-2012**

Community nutrition  
 Complementary nutrition therapy  
 Doctoral seminar  
 Food and culture  
 Food politics and policy  
 Food sociology: social movements  
 Food sociology: the farm bill  
 International nutrition  
 Introductory nutrition  
 Nutrition for food professionals  
 Nutrition in food studies  
 Nutrition in public health  
 Research applications  
 Program planning  
 Social and behavioral determinants of health  
 Food writing

**University of California San Francisco School of Medicine: 1976-86**

Cell structure and function  
 Biochemistry  
 Clinical nutrition: medicine, pediatrics, obstetrics and gynecology, family & community medicine

**Brandeis University: 1968-76**

Introductory biology, lecture and laboratory  
 Cell biology  
 Research laboratory studies: invertebrate and vertebrate zoology, botany  
 Introductory nutrition

**INVITED PRESENTATIONS: 2011-2012****2011**

January 28 Amsterdam: Martijn Katan retirement fest  
 February 10 Ithaca: Cornell Mann Library  
 February 18 New York: International Association of Culinary Professionals (panel)  
 March 4 Ithaca: Cornell workshop on science communication (panel)  
 April 4 Baltimore: University of Maryland, Hungry Mind series, **capstone**  
 April 7 Princeton, NJ: jr. high and high school workshop  
 April 7 Princeton, NJ Princeton CommonGround lecture  
 April 12 Carlisle, PA: Dickinson College, Clarke Forum for Contemporary Issues  
 April 14 NYU: Panel on mass-produced meat  
 May 4 Washington, DC: Washington Post future of food conference (panel)  
 May 9 San Francisco: Weil Institute nutrition course, **keynote**  
 May 17 Barcelona: public health nutrition institute  
 June 9 NYU: Fales library (panel)  
 July 11 San Francisco: Google Science Fair (judge)



July 25 Kansas City: Society for Nutrition Education annual meeting, **Keynote**  
 August 9 Chicago: ConAgra nutrition and food safety advisory boards  
 Sept 13 Berkeley: UC Berkeley food systems course  
 Sept 21 Lethbridge, Alberta: University of Lethbridge  
 October 5 Madison, NJ: Drew College  
 October 12 New York: James Beard Foundation conference  
 October 16 Philadelphia: World Food Day  
 October 20 NYU Fales (panel)  
 October 28 New York: Consumer Reports' 75<sup>th</sup> Anniversary (panel)  
 October 28 NYU: Feast and Famine  
 November 2: New York: Swedish-American Chamber of Commerce **keynote**  
 November 15: New York: International Culinary Institute: panel  
 November 29-December 1 Milan: Barilla food conference  
 December 5 New York: French embassy food conference

## **2012**

January 24, 25: Troy, NY Emma Willard School  
 January 29 Boston: Boston Science Museum, **keynote**  
 February 15 New York: United Nations NGO Policy luncheon  
 February 20 Ithaca: Cornell Field of Nutrition seminar, student speaker  
 March 1 New York: Barnard College Distinguished Women in Science lecture  
 March 2 Philadelphia: Drexel student conference on global challenges, **keynote**  
 March 12 University of Wisconsin, Whitewater  
 March 20 Wilmington, Ohio  
 March 29 NYU: Women in Science  
 March 30 New York: IACP  
 April 4: Yale Political Union  
 April 5: NYU Student Affairs First Thursday Breakfast  
 April 10 Fales Library Event for Why Calories Count  
 April 12 NYU bookstore for Why Calories Count  
 April 17 Danville KY: Norton Center for the Arts, Centre College (with Dr. Daphne Miller)  
 April 21 Ithaca: Buffalo Street Bookstore reading  
 April 27 Rio: World Public Health Nutrition Association **keynote plenary**  
 April 27 Rio: World Public Health Nutrition Association lecture  
 April 29 Rio: World Public Health Nutrition Association **closing keynote**  
 May 3 NYU: Fales Library Critical Topics series, panel  
 May 4 Brooklyn: NYC Book Fair, **opening keynote**  
 May 31 NYU: Fales Library Critical Topics series, panel  
 June 8: Corte Madera: Book Passage talk on Why Calories Count  
 June 9 San Francisco: Book Passage talk on Why Calories Count  
 June 9 San Francisco: Omnivore Books talk on Why Calories Count  
 June 11 New York: New York Academy of Medicine talk on Why Calories Count  
 June 16 Philadelphia: Consumer Cooperative Management Association, **keynote**  
 June 21 New York: Joint annual meeting of AFHVS, ASFS, and SAFN, **keynote**  
 July 2 London: Leverhulme Centre for Integrative Research on Agriculture and Health (LCIRAH) and London International Development Centre (LIDC), **Distinguished Lecture**

July 4 London: City University program on Food Policy, Food Thinkers series (with Malden Nesheim)  
July 6 Geneva: World Health Organization program on Nutrition, lecture  
July 18 Washington, DC: SNAP to Health Congressional briefing, panelist  
July 25 Breckenridge, CO: Colorado Association of School Executives, **Distinguished Speaker**  
September 6 Ithaca, NY: Cornell Mann Library book series lecture  
October 5 NYU: Paduano Symposium in Business Ethics  
October 19 NYU: Center for Bioethics  
October 20 New York: Institute for Integrative Nutrition, lecture  
October 23 Lexington KY: **Kenan Lecture**, Transylvania University  
October 24 NYU: Fales Library panel  
October 26 Los Angeles: Loyola Marymount **University lecture**  
October 29 San Francisco: American Public Health Association panel  
November 8 Philadelphia: Academy of Natural Sciences, Drexel University  
November 13 Syracuse: **University lecture**, Syracuse University  
November 14 Syracuse: Spirit of American Women, YWCA Syracuse and Onandaga County, **Keynote**  
November 18 Cambridge: PAPSAC, Kennedy School, Harvard, speaker.

## PUBLICATIONS

### Thesis

Nestle M. Purification and properties of a nuclease from *Serratia marcescens*. Berkeley: University of California 1968.

### Books

Nestle M. *Nutrition in Clinical Practice*. Greenbrae CA: Jones Medical Publications 1985: 328 pages.

- Asian edition: Maruzen Publishers, Singapore, 1986
- Greek edition: G.K. Parisianes Publisher, Athens, 1987

Nestle M. *Food Politics: How the Food Industry Influences Nutrition and Health*. Berkeley: University of California Press, 2002: 457 pages.

- Paperback edition: University of California Press, 2003.
- Chinese edition: Social Sciences Academic Press, Beijing (Liu Wenjun et al, translators, simplified characters) 2004.
- Japanese edition: Tokyo: Tuttle-Mori Agency, Inc, 2005.
- Revised edition, University of California Press, 2007
- Tenth anniversary edition, University of California Press, 2013 (in press)

Nestle M. *Safe Food: Bacteria, Biotechnology, and Bioterrorism*. Berkeley: University of California Press, 2003: 350 pages.

- Paperback edition: University of California Press, 2004
- Chinese edition: (Huang Yu-Tong et al, translators, simplified characters) Social Science Academic Press, Beijing, 2004
- Japanese edition (Tamako Hirose and Hiroko Kubata, translators), Iwanami Shoten, Tokyo, 2009.
- Revised edition: Nestle M. *Safe Food: The Politics of Food Safety*. University of California Press, 2010: 379 pages.

Nestle M. *What to Eat*. New York: North Point Press (Farrar, Straus and Giroux), 2006: 611 pages.

- Paperback edition: 2007
- Hebrew edition, Tel Aviv: Modan and Kineret Publishers, 2007.

Nestle M. *Pet Food Politics: The Chihuahua in the Coal Mine*. Berkeley: University of California Press, 2008: 219 pages.

- Paperback edition: University of California Press, 2010.
- Japanese edition: Iwanami Shoten, Tokyo (expected 2012).

Nestle M, Nesheim MC. *Feed Your Pet Right*. New York: Free Press/Simon & Schuster, 2010: 376 pages.

Nestle M, Nesheim MC. *Why Calories Count: From Science to Politics*. University of California Press, 2012: 288 pages.

**Edited Books, Journals, Reports**

Department of Health and Human Services, Public Health Service. *The Surgeon General's Report on Nutrition and Health*. Publ. No. (PHS) 88-50210. Washington DC: U.S. Government Printing Office, 1988, 712 pages [*Managing Editor*].

- Reprint: Prima Publishing, 1989.
- Reprint: Warner Books, 1989.

Nestle M, ed. Mediterranean diets: science and policy implications. *American Journal of Clinical Nutrition* 1995;61(suppl):1313s-1427s.

American Cancer Society 1996 Advisory Committee on Diet, Nutrition, and Cancer Prevention [*Chair*]. *Guidelines on Diet, Nutrition, and Cancer Prevention: Reducing the Risk of Cancer with Healthy Food Choices and Physical Activity*. Revised, March 1999.

Nestle M, Dixon LB, eds. *Taking Sides: Clashing Views on Controversial Issues in Nutrition and Food*, New York: McGraw Hill/Dushkin, 2004.

Nestle M, Stuckler D, guest eds. PLoS Medicine Series on Big Food. PLoS Medicine, June 19, 26, and July 3, 2012; info:doi/10.1371/journal.pmed, at [www.ploscollections.org/bigfood](http://www.ploscollections.org/bigfood).

**PUBLISHED ARTICLES, SELECTED, SINCE THE MID-1990s****Professional Articles (Selected)**

Nestle M. The law and nutrition. *New York State Bar Journal* 1994;May/June:38-41.

Nestle M. Traditional models of healthy eating: alternatives to techno-food. *Journal of Nutrition Education* 1994;26:241-245.

Nestle M. Folate and neural tube defects: policy implications. *Journal of Nutrition Education* 1994;26:287-293.

Nestle M, Dalton S. Food aid and international hunger crises: the United States in Somalia. *Agriculture and Human Values* 1994;11(4):19-27.

Mueller C, Nestle M. Regulation of medical foods: toward a rational policy. *Nutrition in Clinical Practice* 1995;10(1):8-15.

Nestle M. Mediterranean diets: historical and research overview. *American Journal of Clinical Nutrition* 1995;61(suppl):1313s-1320s.

Young LR, Nestle M. Portion sizes in dietary assessment: issues and policy implications. *Nutrition Reviews* 1995;53:149-158.

Young LR, Nestle M. Food labels consistently underestimate the actual weights of single-serving baked products. *Journal of the American Dietetic Association* 1995;95:1150-1151.

Rose D, Nestle M. Welfare reform and nutrition education: alternative strategies to address the challenges of the future. *Journal of Nutrition Education* 1996;29:61-66.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Social History of Alcohol Review* 1996;32-33:45-59. Reprinted in: *Nutrition Today*, 1997.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Nutrition Today* 1997;32(2):86-92.

Young LR, Nestle M. Variation in perceptions of a "medium" food portion: implications for dietary guidance. *Journal of the American Dietetic Association* 1998;98:458-459.

Nestle M, Wing R, Birch L, et al. Behavioral and social influences on food choice. *Nutrition Reviews* 1998;56:s50-s64.

Singer AJ, Werther K, Nestle M. Improvements are needed in hospital diets to meet dietary guidelines for health promotion and disease prevention. *Journal of the American Dietetic Association* 1998;98:639-641.

Nestle M. The selling of olestra. *Public Health Reports* 1998;113:508-520.

Nestle M. In defense of the USDA Food Guide Pyramid. *Nutrition Today*, 1998;33(5):189-197.

Nestle M, Woteki C. Interpretation of dietary change in the United States: fat as an indicator. *Appetite* 1999;32:107-112.

Nestle M. Hunger in America: A Matter of Policy. *Social Research* 1999;66(1): 257-282.

Nestle M. Meat or wheat for the next millennium? Plenary lecture: animal v. plant foods in human diets and health: is the historical record unequivocal? *Proceedings of the Nutrition Society* (U.K.) 1999;58:211-218.

Nestle M. Dietary supplement advertising: a matter of politics, not science. *Journal of Nutrition Education* 1999;31:278-282.

Nestle M, Jacobson MF. Halting the obesity epidemic: A public health policy approach. *Public Health Reports* 2000;115:12-24.

Reprinted (in part) in: *Nutrition Week*, 2000.

Reprinted in: Klimis-Zacas DJ, ed. *Annual Editions: Nutrition*, 13<sup>th</sup> ed, 2001-2002. Guilford, CT: McGraw-Hill/Dushkin, 2001:102-110.

Reprinted in: *The Snail*, December 2003.

Nestle M. Soft drink "pouring rights:" marketing empty calories. *Public Health Reports* 2000;115:308-319.

Nestle M. Ethical dilemmas in choosing a healthful diet: Vote with your fork! *Proceedings of the Nutrition Society* (U.K.) 2000;59:619-629.

Kumanyika SK, Morssink CB, Nestle M. Minority women and advocacy for women's health. *American Journal of Public Health* 2001;91:1383-1388.

Nestle M. Food company sponsorship of nutrition research and professional activities: A conflict of interest? *Public Health Nutrition* 2001;4:1015-1022.

Young LR, Nestle M. The contribution of expanding portion sizes to the U.S. obesity epidemic. *American Journal of Public Health* 2002;92:246-249.

Byers T, Nestle M, McTeirnan A, Doyle C, Currie-Williams A, Gansler T, Thun M, and the American Cancer Society 2001 Nutrition and Physical Activity Guidelines Advisory Committee. American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention: Reducing the Risk of Cancer with Healthy Food Choices and Physical Activity. *CA Cancer Journal for Clinicians* 2002;52:92-119.

Young L, Nestle M. Expanding portion sizes in the U.S. marketplace: Implications for nutrition counseling. *Journal of the American Dietetic Association* 2003;103:231-234.

Lewin A, Lindstrom L, Nestle M. Food industry promises to address childhood obesity: preliminary evaluation. *Journal of Public Health Policy* 2006;27:327-348.

Young L, Nestle M. Portion sizes and obesity: Response of fast food companies. *Journal of Public Health Policy* 2007;28:238-248.

Nestle M. Eating made simple. *Scientific American*, September 2007:60-69.

Nestle M. Reading the food social movement. *World Literature Today* 2009;January-February:37-39.

Joseph M, Nestle M. The ethics of food. *Lahey Clinic Journal of Medical Ethics* 2009;16(1):1-7.

Nestle M. Writing the food studies movement. *Food, Culture, and Society* 2010;13(2):159-168.

Nestle M. Doctor's orders: What should doctors tell patients about nutrition? *San Francisco Medicine* 2010;83 (November):10,14.

Nestle M. Interview with C. Warren: Big food, big agra, and the research university. *Academe* 2010;November-December:47-49.

Isoldi KK, Dalton S, Rodriguez DP, Nestle M. Classroom "cupcake" celebrations: observations of foods offered and consumed. *Journal of Nutrition Education and Behavior* 2012;Jan/Feb: posted online (doi:10.1016/j.jneb.2011.03.144).

**Editorials and Commentary (Selected)**

Nestle M. The politics of dietary guidance--a new opportunity [editorial]. *American Journal of Public Health* 1994;84:713-715.

Nestle M. Allergies to transgenic foods--questions of policy [editorial]. *New England Journal of Medicine* 1996;334:726-728.

Nestle M. Fruits and vegetables: protective or just fellow travelers? *Nutrition Reviews* 1996;54(8):255-257.

Nestle M. Broccoli sprouts as inducers of carcinogen-detoxifying enzyme systems: clinical, dietary, and policy implications [editorial]. *Proceedings of the National Academy of Sciences* 1997;94:11149-11151. Reprinted in: *Nutrition Reviews*, 1998.

Nestle M. Toward more healthful dietary patterns—a matter of policy [editorial]. *Public Health Reports* 1998;113:420-423.

Nestle M. Nutrition and women's health: the politics of dietary advice [editorial]. *Journal of the American Medical Women's Association* 2001;56:42-43.

Nestle M. Deconstructing dietary guidelines. *Gastronomica*, February 2001:3-4.

Fried EJ, Nestle M. The growing political movement against soft drinks in schools [commentary]. *Journal of the American Medical Association* 2002;288:2181.

Nestle M. Increasing portion sizes in American diets: more calories, more obesity [commentary]. *Journal of the American Dietetic Association* 2003;103:39-40.

Nestle M. The ironic politics of obesity [editorial]. *Science* 2003;299:781.

Nestle M. Not good enough to eat [commentary]. *New Scientist* 2003;177 (February 22):25.

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