

Update: January 2012

**MARION NESTLE, Ph.D., M.P.H.**

**CURRENT ADDRESS**

Department of Nutrition, Food Studies & Public Health

New York University

4ll Lafayette Street, 5<sup>th</sup> Floor

New York, New York 10003-7035

Telephone: 212-998-5595

FAX: 212-995-4192

E-mail: [marion.nestle@nyu.edu](mailto:marion.nestle@nyu.edu)

**EDUCATION**

1954-59 U. California Berkeley, Bacteriology (Phi Beta Kappa) BA  
1963-68 U. California Berkeley, Molecular Biology PhD  
1985-86 U. California Berkeley, Public Health Nutrition MPH

**LICENSE**

New York State Certification in Nutrition, License #000007

**PRIMARY APPOINTMENTS**

1988- **New York University, Steinhardt School, Department of Nutrition, Food Studies & Public Health**

2004- Paulette Goddard Professor

2003-04 Professor and Director of Public Health Initiatives

1988-03 Professor and Chair

2006- **New York University, Arts & Science, Department of Sociology**  
Professor (Honorary)

**OTHER ONGOING APPOINTMENTS AND ACTIVITIES**

**Visiting Professor**

2006- **Cornell University, College of Agriculture, Division of Nutritional Sciences**  
(Honorary)

**Columnist**

2008- *San Francisco Chronicle*, monthly (first Sunday) [Food Matters column](#)

**Internet**

2010- Twitter @marionnestle

2009- Daily (almost) blog at [www.foodpolitics.com](http://www.foodpolitics.com) and at [The Atlantic/Life](http://TheAtlantic.com/Life)

2008- Occasional Q&A, Ask Marion at [www.eatingliberally.org](http://www.eatingliberally.org)

2007-08 Blog at [www.whattoeatbook.com](http://www.whattoeatbook.com)

**PAST APPOINTMENTS**

1986-88 **Office of Disease Prevention and Health Promotion,  
Department of Health and Human Services, Washington, D.C.**  
Staff Director for Nutrition Policy and Senior Nutrition Policy Advisor  
Managing Editor, 1988 *Surgeon General's Report on Nutrition and Health*

1976-86 **University of California San Francisco, School of Medicine**

Administrative

Associate Dean, School of Medicine, Human Biology Programs  
Administrative Director, Medical Scientist Training Program (MD/PhD)  
Acting Director (1983-84)  
Director, John Tung/American Cancer Society Clinical Nutrition Education Center  
(1984-86)

Faculty

1976-85 Lecturer: Biochemistry and Biophysics (1976-85), Medicine (1979-84),  
Family and Community Medicine (1984-85)  
1985-86 Adjunct Associate Professor, Family and Community Medicine  
1983-86 Associated Faculty, Institute for Health Policy Studies

1971-76 **Brandeis University, Waltham, MA**

1971-73 Lecturer in Biology  
1974-76 Assistant Professor of Biology

**RECENT VISITING APPOINTMENTS**

2007 **University of California Berkeley, Graduate School of Journalism**  
Visiting Professor, Spring Semester

2006 **University of California, Berkeley, Schools of Public Policy, Public Health, and Journalism**  
Visiting Professor, Spring Semester

**RESEARCH TRAINING**

1959-61 Encephalitis Research Laboratory, School of Public Health, UC Berkeley: Laboratory  
Technician/Research Assistant  
1963-68 Department of Molecular Biology, UC Berkeley: Predoctoral Trainee  
1968-71 Department of Biology, Brandeis University: Postdoctoral Fellow (Biochemistry, 1968-70;  
Developmental Biology, 1970-71)

**RESEARCH INTERESTS: PUBLIC HEALTH NUTRITION**

- Food and nutrition policy development and analysis (domestic and international), with a focus on dietary guidance; social and environmental influences on food choice; the politics of food safety; and the effects of food industry marketing on children's diets and health.
- Communicating information about the links among agriculture, food, nutrition, and health to students, professionals, and the public.

**HONORS AND AWARDS (Last few years)****2004**

- *Saveur*, The *Saveur* 100 Favorites
- UCLA Center for Society, the Individual, and Genetics, Distinguished Fellow
- *New York Daily News*, 100 Women Who Shape Our City
- Daniel E. Griffiths Research Award, NYU Steinhardt School of Education, *Safe Food*
- Alumna of the Year, University of California Berkeley, School of Public Health
- *Time*, Obesity Warrior
- American Public Health Association, David P. Rall Award for Advocacy in Public Health
- *Organic Style*, Environmental Power 50 List "Guardian of Good Eating"
- Saul O. Sidore Annual Lecture University of New Hampshire, Durham
- Elected Graduation Speaker, University of California School of Public Health, Berkeley
- Ninth Annual Carl Martinson Lecture, University of Minnesota School of Public Health, Minneapolis

**2005**

- American Association for the Advancement of Science, Fellow
- National Committee for Quality Assurance 2005 Health Quality Award
- American Society for Nutritional Sciences, Fellow

**2006**

- California Public Health Association--North, Bridging the Gap Award for Excellence in Science and Public Policy Writing
- San Francisco *Bay Guardian* 2006 Best of the Bay Award: Food Politics Lecture Series, Goldman School of Public Policy, University of California Berkeley
- Amazon.com editors' Top Ten Books of 2006, Health, Mind, and Body (*What to Eat*, #2)
- Professor of Sociology, NYU (Honorary)
- Visiting Professor, Nutrition Sciences, Cornell University (Honorary)
- *Eating Well* magazine, "Must-Read," *What to Eat*
- University of Toronto, 32<sup>nd</sup> Annual Edna W. Park Lecture

**2007**

- National Multiple Sclerosis Society Books for a Better Life Award (Wellness), *What to Eat*
- Nation's Restaurant News 50: Health Authorities
- University of California Alumni Association Centennial, 100 Berkeley Luminaries
- James Beard Book Award (Reference), *What to Eat*
- *Cooking Light*, Mover and Taste Shaper
- Natural Gourmet Institute Award for Excellence in Health-Supportive Food Education
- Charmaine and Maurice Kaplan Distinguished Lecture in Cancer Prevention, University of California San Diego, Moores Cancer Center
- University of Wisconsin Union Directorate Distinguished Lecture, Madison
- Seventh Annual Rocky Young Lecture, Santa Monica College, California
- Annual President's Lecture, University of Oklahoma Honors College, Norman
- Annual Albert Howard Memorial Lecture, Navdanya Centre, New Delhi, India
- Annual Lecture in Honor of Sidney Mintz, Anthropology Department, Johns Hopkins, Baltimore

**2008**

- Eighth Annual Anne E. Dyson Memorial Grand Rounds Lecture, University of Rochester Strong Memorial Hospital, Pediatric Department
- Sander Gilman Distinguished Scholar Lecture, NYU
- Public Health Solutions, Policy and Advocacy Solutions Award

**2009**

- University of California, Santa Barbara, Interdisciplinary Humanities endowed lecture
- Rock Ethics Institute 9<sup>th</sup> Annual Lippin Ethics Lecture
- Wagner College Academic and Cultural Enrichment lecture
- Clinton School of Public Service, William J. Clinton Distinguished Lecture
- U.S. Embassy and Bruno Kreisky Forum for International Dialogue lecturer, Vienna
- Sixth Annual George McGovern Lecture, U.S. Embassy and Food and Agriculture Organization, Rome

**2010**

- The Bark magazine, 100 Best & Brightest (healer category)
- Robert Putnam Social Capital Award, Living Liberally
- Tenth Annual Edward and Nancy Dodge Lecture, Johns Hopkins Center for a Livable Future
- The John Dewey Award for Distinguished Public Service, Bard College
- Cision Navigator's Top 10 Food and Nutrition Blogs, [www.foodpolitics.com](http://www.foodpolitics.com)
- The Health Hawk's Top 10 Most Influential Public Health Professors
- Health Administration Masters' Top 50 Global Food Security Blogs, [www.foodpolitics.com](http://www.foodpolitics.com)
- Guide to Online Schools' Top 50 Agriculture Blogs, [www.foodpolitics.com](http://www.foodpolitics.com)

**2011**

- Health-O-Rama's Top 10 most influential health education professors
- National Public Health Hero, University of California Berkeley School of Public Health
- Time Magazine's top 140 twitter feeds, *@marionnestle*
- Time Magazine's top 10 twitters in health and sciences, *@marionnestle*
- Greatist.com's The 44 #Greatist people to follow on twitter—health, *@marionnestle*
- Jamie Oliver's Food Revolution May 2011 Blog of the Month, [www.foodpolitics.com](http://www.foodpolitics.com)
- Forbes Magazine: Michael Pollan's 7 Most Powerful Foodies (#2)
- Food Republic's Top 5 Food Politics Websites (#1) [www.foodpolitics.com](http://www.foodpolitics.com)
- New York Times: Mark Bittman's foodies to be thankful for (#1)
- Greatist.com's 100 most influential people in health and science (#51)

**PROFESSIONAL MEMBERSHIPS: CURRENT**

American Association for the Advancement of Science

American Public Health Association

American Society for Nutrition

Association for the Study of Food and Society

Center for Science in the Public Interest

Culinary Historians of New York City

James Beard Foundation

Les Dames d'Escoffier

Public Health Association of New York City  
 Slow Food USA  
 World Public Health Nutrition Association

## PROFESSIONAL COMMITTEES AND BOARDS

### Current

- 2011- National Wellness Directory, Board of Directors
- 2011- James Beard Foundation, Leadership Awards Committee
- 2011- Prevention Institute Advisory Board
- 2010- Corporate Accountability/Value the Meal Advisory Board
- 2010- Food and Environment Reporting Network, Nation Institute, Advisory Board
- 2010- In Defense of Food (film) scientific advisory committee
- 2010- Edible Schoolyard, New York PS 216, Advisory Board
- 2009- Commission on Federal Leadership in U.S. Health and Medicine, Center for the Study of the Presidency and Congress
- 2009- Who's Who Committee, James Beard Foundation
- 2008- Botany of Desire (film), scientific advisory committee
- 2005- Slow Food, USA, Advisory Board
- 2005- Chez Panisse Foundation, Advisory Board
- 2004- Union of Concerned Scientists, Advisory Board
- 2002- California Center for Public Health Advocacy, scientific advisor
- 1998- New York Hall of Science, Distinguished Science Sponsor
- 1995- Harvard Business School and J.F. Kennedy School of Government, Private and Public, Scientific, Academic and Consumer Food Policy Committee (PAPSAC)

### Past (Selected)

- 2006-08 Pew Commission on Industrial Farm Animal Production and Public Health
- 2002 New York State Health Department heart disease prevention plan, chair
- 2000-07 Data Management Committee, WHELs clinical trial, University of California San Diego Cancer Center
- 1998-01 FDA Science Advisory Board
- 1995-96 American Cancer Society, Prevention Subcommittee on Nutrition; Dietary Guidelines Committee, *Chair*
- 1994-95 DHHS/USDA Dietary Guidelines Advisory Committee
- 1993-97 New York State Commission on Dietetics and Nutrition
- 1992-95 FDA Food Advisory Committee
- 1991-93 National Association for Public Health Policy, Council on Food Policy, *Vice-Chair*
- 1990-91 U.S. Olympic Committee, Council on Sports Medicine and Science, Nutrition Subcommittee
- 1988-94 New York Academy of Medicine, Committee on Public Health, Subcommittee on Nutrition Education, *Chair* (1992-93)
- 1988-93 Center for Science in the Public Interest, Board of Directors
- 1986-88 DHHS Nutrition Policy Board, *Staff Director*
- 1976-86 California Nutrition Council
- 1976-86 Episcopal Sanctuary Advisory Board

**EDITORIAL ADVISORY BOARDS (Current)****U.S.***Cooking Light**Eating Well**Gastronomica**Journal of Public Health Policy**The Lancet* (editorial consultant)**International***Public Health Nutrition* (U.K.)*Journal of Culinary Science & Technology* (Dublin)*Food and Foodways* (U.K.)**MANUSCRIPT REVIEWS (Current)**

American Journal of Clinical Nutrition

American Journal of Preventive Medicine

American Journal of Public Health

European Journal of Public Health

Journal of the American Medical Association

Journal of the American Public Health Association

Journal of Public Health Policy

Lancet

New England Journal of Medicine

Public Health Nutrition

**INTERNATIONAL CONSULTING**

2002-05 World Health Organization (WHO), Geneva

1995 WHO Regional Office for Europe, Copenhagen

1989 Hungarian Ministry of Health and Social Welfare, Budapest

1990 Ministry of Health, Havana

1991 WHO Regional Office for Europe, Health Ministry of Mauritius

1986 U.S. Agency for International Development, Bangkok and Jakarta

**NEW YORK UNIVERSITY SERVICE (Selected)**

2009- Agnew Chair Ad Hoc selection committee, Steinhardt School

2008- Society of Fellows

2008-11 Committee on Promotion and Tenure, Steinhardt School

2007-11 Dean's advisory committee, Steinhardt School

2004-05 Committee on Promotion and Tenure, Steinhardt School of Education

2004- Faculty Collections Advisory Committee, Bobst Library

2003-04 Steering Committee, Global MPH Program

1996-98 Committee on Promotion and Tenure, School of Education (*Chair*, 1998)

1995-98 Whitehead Faculty Fellowship Review Committee

1991-98 Curriculum Challenge Grant review committee

1988-92 Wagner School of Public Service, Advanced Management Program for Clinicians, advisory committee

## **TEACHING EXPERIENCE**

### **2006-10**

- Nutrition in public health (NYU, Department of Nutrition, Food Studies, and Public Health, fall 2005, 2006, 2008 (graduate); spring 2008 (undergraduate))
- Nutrition in food studies (NYU, spring 2009)
- Food and nutrition policy (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Food politics (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Interpreting science (Graduate School of Journalism, UC Berkeley, spring 2007)
- Food policy (NYU, spring 2005, fall 2010)
- Food sociology (NYU, fall 2007, fall 2009)
- Food ethics (NYU, spring 2010)

### **NYU teaching: 1988-2011**

Community nutrition  
 Complementary nutrition therapy  
 Doctoral seminar  
 Food and culture  
 Food politics and policy  
 Food sociology: social movements  
 Food sociology: the farm bill  
 International nutrition  
 Introductory nutrition  
 Nutrition for food professionals  
 Nutrition in food studies  
 Nutrition in public health  
 Research applications  
 Program planning  
 Social and behavioral determinants of health

### **University of California San Francisco School of Medicine: 1976-86**

Cell structure and function  
 Biochemistry  
 Clinical nutrition: medicine, pediatrics, obstetrics and gynecology, family & community medicine

### **Brandeis University: 1968-76**

Introductory biology, lecture and laboratory  
 Cell biology  
 Research laboratory studies: invertebrate and vertebrate zoology, botany  
 Introductory nutrition

**INVITED PRESENTATIONS: 2010-2011****2010**

January 12 FDA: Center for Veterinary Medicine staff

February 3 Washington DC: Consumer Goods Forum Global Food Safety Conference

Feb 13 New York: Food Writers' Conference (panel)

Feb 16 New York: Girls Night Out at the New York Academy of Sciences (lecture)

Feb 18-19 New Orleans: Louisiana State University School of Public Health

Feb 21 New York: Institute for Integrative Nutrition

Feb 26 Washington, DC: USDA/ERS Food availability data system 100<sup>th</sup> anniversary

March 1 NYU: First-year medical class on Patient and the Physician

March 3 Saratoga, NY: Skidmore, Nutrition Action Council speaker

March 6 NYU: Fales Library food studies curators conference (introductory remarks)

March 11 Old Westbury, NY: SUNY Old Westbury Arts and Sciences Theme lecture

March 15 Ithaca, NY: Cornell Division of Nutrition Sciences

March 18 Ithaca, NY: Cornell Institute for Public Affairs

March 23 Cambridge, MA: MIT journalists' "boot camp"

March 24 Washington, DC: Georgetown University Library Associates

March 25 NYU: Fales Library (panel)

April 7 NYU: Wagner Food Policy Alliance

April 9 Washington, DC: Institute of Medicine Panel on Front-of-Package Labeling (testimony)

April 12-14 Chicago: Petfood Industry Forum

April 20 Notre Dame: Center for Social Concerns, Notre Dame Holocaust Project

April 28 Lake Forest, IL: Womens Health Advisory Council of Lake Forest Hospital

April 29 Hanover, NH: Dartmouth Tuck School of Business forum

May 4 Baltimore: Johns Hopkins Center for a Liveable Future, **Tenth Annual Dodge Lecture**

May 15 San Francisco: CPS discussions on art & culture

May 18 Berkeley: Holistic Hound (book talk)

May 21 Monterey, CA: Monterey Bay Aquarium Cooking for Solutions (**closing keynote**)

May 22 San Francisco: Omnivore Books

May 23 Pt Reyes, CA: Pt Reyes Books

May 27 NYU: Fales Library book talk

June 5 Woodbourne, NY: Woodbourne Correctional Facility, Bard College Prison Initiative, graduation speaker and recipient of the **John Dewey Award for Distinguished Public Service**

June 27 New York: Film showing, "What's Organic About Organics" (panel)

June 28 NYU: Bookstore book talk

July 2 Hilton Head, SC: Renaissance Weekend (food politics lecture)

July 2 Hilton Head, SC: Renaissance Weekend (seminar)

July 3 Hilton Head, SC: Renaissance Weekend (Panel)

August 25 Albuquerque: Sandia National Laboratories (lecture: Sustainability, Safety, and Security conference)

August 30 McMinnville, OR: Linfield College (**convocation address**)

September 15 Syracuse, NY: Upstate Medical University Department of Public Health and Preventive Medicine Public Health Grand Rounds

September 22 NYU: Humanities Institute book launch for Safe Food

September 25 New York: Union of Concerned Scientists, National Advisory Board

September 30 New Brunswick, NJ: Rutgers class on food issues  
 September 30 Piscataway, NJ: **Peggy Friedman Annual Social Justice Speaker**, Piscataway High School  
 October 3 New York: French Culinary Institute New York Culinary Experience  
 October 5 St. Peter, MN: Nobel Conference, Gustavus Adolphus College  
 October 8 Doylestown, PA: Delaware Valley College of Science and Agriculture  
 October 19 Seattle: Eating Your Environment Seminar, University of Washington  
 October 20 Seattle: University of Washington environment class  
 October 22 Berkeley: University of California Student Cooperative Association  
 October 29 Craftsbury Common, VT: Sterling College class  
 November 4 NYU: Fales Library panel  
 November 7 Rochester, NY: Science Teachers Association of New York State (**keynote**)  
 November 10 Princeton, NJ: Princeton University Public Lectures  
 November 21 Boston: PAPSAC  
 December 3 Chicago: American Academy of Pediatric Dentistry, (**keynote**)  
 December 8 New York: New School urban agriculture conference (closing panel)

## **2011**

January 28 Amsterdam: Martijn Katan retirement fest  
 February 10 Ithaca: Cornell Mann Library  
 February 18 New York: International Association of Culinary Professionals (panel)  
 March 4 Ithaca: Cornell workshop on science communication (panel)  
 April 4 Baltimore: University of Maryland, Hungry Mind series (**capstone**)  
 April 7 Princeton, NJ: jr. high and high school workshop  
 April 7 Princeton, NJ Princeton CommonGround lecture  
 April 12 Carlisle, PA: Dickinson College, Clarke Forum for Contemporary Issues  
 April 14 NYU: Panel on mass-produced meat  
 May 4 Washington, DC: Washington Post future of food conference (panel)  
 May 9 San Francisco: Weil Institute nutrition course, **keynote**  
 May 17 Barcelona: public health nutrition institute  
 June 9 NYU: Fales library (panel)  
 July 11 San Francisco: Google Science Fair (judge)  
 July 25 Kansas City: Society for Nutrition Education annual meeting **Keynote**  
 August 9 Chicago: ConAgra nutrition and food safety advisory boards  
 Sept 13 Berkeley: UC Berkeley food systems course  
 Sept 21 Lethbridge, Alberta: University of Lethbridge  
 October 5 Madison, NJ: Drew College  
 October 12 New York: James Beard Foundation conference  
 October 16 Philadelphia: World Food Day  
 October 20 NYU Fales (panel)  
 October 28 New York: Consumer Reports' 75<sup>th</sup> Anniversary (panel)  
 October 28 NYU: Feast and Famine  
 November 2: New York: Swedish-American Chamber of Commerce (keynote)  
 November 15: New York: International Culinary Institute: panel.  
 November 29-December 1 Milan: Barilla food conference  
 December 5 New York: French embassy food conference

## PUBLICATIONS

### Thesis

Nestle M. Purification and properties of a nuclease from *Serratia marcescens*. Berkeley: University of California 1968.

### Books

Nestle M. *Nutrition in Clinical Practice*. Greenbrae CA: Jones Medical Publications 1985: 328 pages.

- Asian edition: Maruzen Publishers, Singapore, 1986
- Greek edition: G.K. Parisianes Publisher, Athens, 1987

Nestle M. *Food Politics: How the Food Industry Influences Nutrition and Health*. Berkeley: University of California Press, 2002: 457 pages.

- Paperback edition: University of California Press, 2003.
- Chinese edition: Social Sciences Academic Press, Beijing (Liu Wenjun et al, translators, simplified characters) 2004.
- Japanese edition: Tokyo: Tuttle-Mori Agency, Inc, 2005.
- Revised edition, University of California Press, 2007

Nestle M. *Safe Food: Bacteria, Biotechnology, and Bioterrorism*. Berkeley: University of California Press, 2003: 350 pages.

- Paperback edition: University of California Press, 2004
- Chinese edition: (Huang Yu-Tong et al, translators, simplified characters) Social Science Academic Press, Beijing, 2004
- Japanese edition (Tamako Hirose and Hiroko Kubata, translators), Iwanami Shoten, Tokyo, 2009.
- Revised edition: Nestle M. *Safe Food: The Politics of Food Safety*. University of California Press, 2010: 379 pages.

Nestle M. *What to Eat*. New York: North Point Press (Farrar, Straus and Giroux), 2006: 611 pages.

- Paperback edition: 2007
- Hebrew edition, Tel Aviv: Modan and Kineret Publishers, 2007.

Nestle M. *Pet Food Politics: The Chihuahua in the Coal Mine*. Berkeley: University of California Press, 2008: 219 pages.

- Paperback edition: University of California Press, 2010.
- Japanese edition: Iwanami Shoten, Tokyo (expected 2012).

Nestle M, Nesheim MC. *Feed Your Pet Right*. New York: Free Press/Simon & Schuster, 2010: 376 pages.

### Edited Books, Journals, Reports

Department of Health and Human Services, Public Health Service. *The Surgeon General's Report on Nutrition and Health*. Publ. No. (PHS) 88-50210. Washington DC: U.S. Government Printing Office, 1988, 712 pages [Managing Editor].

- Reprint: Prima Publishing, 1989.
- Reprint: Warner Books, 1989.

Nestle M, ed. Mediterranean diets: science and policy implications. *American Journal of Clinical Nutrition* 1995;61(suppl):1313s-1427s.

American Cancer Society 1996 Advisory Committee on Diet, Nutrition, and Cancer Prevention [Chair]. *Guidelines on Diet, Nutrition, and Cancer Prevention: Reducing the Risk of Cancer with Healthy Food Choices and Physical Activity*. Revised, March 1999.

Nestle M, Dixon LB, eds. *Taking Sides: Clashing Views on Controversial Issues in Nutrition and Food*, New York: McGraw Hill/Dushkin, 2004.

## **PUBLISHED ARTICLES, SELECTED, SINCE THE MID-1990s**

### **Professional Articles (Selected)**

Nestle M. The law and nutrition. *New York State Bar Journal* 1994;May/June:38-41.

Nestle M. Traditional models of healthy eating: alternatives to techno-food. *Journal of Nutrition Education* 1994;26:241-245.

Nestle M. Folate and neural tube defects: policy implications. *Journal of Nutrition Education* 1994;26:287-293.

Nestle M, Dalton S. Food aid and international hunger crises: the United States in Somalia. *Agriculture and Human Values* 1994;11(4):19-27.

Mueller C, Nestle M. Regulation of medical foods: toward a rational policy. *Nutrition in Clinical Practice* 1995;10(1):8-15.

Nestle M. Mediterranean diets: historical and research overview. *American Journal of Clinical Nutrition* 1995;61(suppl):1313s-1320s.

Young LR, Nestle M. Portion sizes in dietary assessment: issues and policy implications. *Nutrition Reviews* 1995;53:149-158.

Young LR, Nestle M. Food labels consistently underestimate the actual weights of single-serving baked products. *Journal of the American Dietetic Association* 1995;95:1150-1151.

Rose D, Nestle M. Welfare reform and nutrition education: alternative strategies to address the challenges of the future. *Journal of Nutrition Education* 1996;29:61-66.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Social History of Alcohol Review* 1996;32-33:45-59. Reprinted in: *Nutrition Today*, 1997.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Nutrition Today* 1997;32(2):86-92.

Young LR, Nestle M. Variation in perceptions of a "medium" food portion: implications for dietary guidance. *Journal of the American Dietetic Association* 1998;98:458-459.

Nestle M, Wing R, Birch L, et al. Behavioral and social influences on food choice. *Nutrition Reviews* 1998;56:s50-s64.

Singer AJ, Werther K, Nestle M. Improvements are needed in hospital diets to meet dietary guidelines for health promotion and disease prevention. *Journal of the American Dietetic Association* 1998;98:639-641.

Nestle M. The selling of olestra. *Public Health Reports* 1998;113:508-520.

Nestle M. In defense of the USDA Food Guide Pyramid. *Nutrition Today*, 1998;33(5):189-197.

Nestle M, Woteki C. Interpretation of dietary change in the United States: fat as an indicator. *Appetite* 1999;32:107-112.

Nestle M. Hunger in America: A Matter of Policy. *Social Research* 1999;66(1): 257-282.

Nestle M. Meat or wheat for the next millennium? Plenary lecture: animal v. plant foods in human diets and health: is the historical record unequivocal? *Proceedings of the Nutrition Society* (U.K.) 1999;58:211-218.

Nestle M. Dietary supplement advertising: a matter of politics, not science. *Journal of Nutrition Education* 1999;31:278-282.

Nestle M, Jacobson MF. Halting the obesity epidemic: A public health policy approach. *Public Health Reports* 2000;115:12-24.

Reprinted (in part) in: *Nutrition Week*, 2000.

Reprinted in: Klimis-Zacas DJ, ed. *Annual Editions: Nutrition*, 13<sup>th</sup> ed, 2001-2002. Guilford, CT: McGraw-Hill/Dushkin, 2001:102-110.

Reprinted in: *The Snail*, December 2003.

Nestle M. Soft drink "pouring rights:" marketing empty calories. *Public Health Reports* 2000;115:308-319.

Nestle M. Ethical dilemmas in choosing a healthful diet: Vote with your fork! *Proceedings of the Nutrition Society* (U.K.) 2000;59:619-629.

Kumanyika SK, Morssink CB, Nestle M. Minority women and advocacy for women's health. *American Journal of Public Health* 2001;91:1383-1388.

Nestle M. Food company sponsorship of nutrition research and professional activities: A conflict of interest? *Public Health Nutrition* 2001;4:1015-1022.

Young LR, Nestle M. The contribution of expanding portion sizes to the U.S. obesity epidemic. *American Journal of Public Health* 2002;92:246-249.

Byers T, Nestle M, McTeirnan A, Doyle C, Currie-Williams A, Gansler T, Thun M, and the American Cancer Society 2001 Nutrition and Physical Activity Guidelines Advisory Committee. American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention: Reducing the Risk of Cancer with Healthy Food Choices and Physical Activity. *CA Cancer Journal for Clinicians* 2002;52:92-119.

Young L, Nestle M. Expanding portion sizes in the U.S. marketplace: Implications for nutrition counseling. *Journal of the American Dietetic Association* 2003;103:231-234.

Lewin A, Lindstrom L, Nestle M. Food industry promises to address childhood obesity: preliminary evaluation. *Journal of Public Health Policy* 2006;27:327-348.

Young L, Nestle M. Portion sizes and obesity: Response of fast food companies. *Journal of Public Health Policy* 2007;28:238-248.

Nestle M. Eating made simple. *Scientific American*, September 2007:60-69.

Nestle M. Reading the food social movement. *World Literature Today* 2009;January-February:37-39.

Joseph M, Nestle M. The ethics of food. *Lahey Clinic Journal of Medical Ethics* 2009;16(1):1-7.

Nestle M. Writing the food studies movement. *Food, Culture, and Society* 2010;13(2):159-168.

Nestle M. Doctor's orders: What should doctors tell patients about nutrition? *San Francisco Medicine* 2010;83 (November):10,14.

Nestle M. Interview with C. Warren: Big food, big agra, and the research university. *Academe* 2010;November-December:47-49.

Isoldi KK, Dalton S, Rodriguez DP, Nestle M. Classroom "cupcake" celebrations: observations of foods offered and consumed. *Journal of Nutrition Education and Behavior* 2012;Jan/Feb: posted online (doi:10.1016/j.jneb.2011.03.144).

### **Editorials and Commentary (Selected)**

Nestle M. The politics of dietary guidance--a new opportunity [editorial]. *American Journal of Public Health* 1994;84:713-715.

Nestle M. Allergies to transgenic foods--questions of policy [editorial]. *New England Journal of Medicine* 1996;334:726-728.

Nestle M. Fruits and vegetables: protective or just fellow travelers? *Nutrition Reviews* 1996;54(8):255-257.

Nestle M. Broccoli sprouts as inducers of carcinogen-detoxifying enzyme systems: clinical, dietary, and policy implications [editorial]. *Proceedings of the National Academy of Sciences* 1997;94:11149-11151. Reprinted in: *Nutrition Reviews*, 1998.

Nestle M. Toward more healthful dietary patterns—a matter of policy [editorial]. *Public Health Reports* 1998;113:420-423.

Nestle M. Nutrition and women's health: the politics of dietary advice [editorial]. *Journal of the American Medical Women's Association* 2001;56:42-43.

Nestle M. Deconstructing dietary guidelines. *Gastronomica*, February 2001:3-4.

Fried EJ, Nestle M. The growing political movement against soft drinks in schools [commentary]. *Journal of the American Medical Association* 2002;288:2181.

Nestle M. Increasing portion sizes in American diets: more calories, more obesity [commentary]. *Journal of the American Dietetic Association* 2003;103:39-40.

Nestle M. The ironic politics of obesity [editorial]. *Science* 2003;299:781.

Nestle M. Not good enough to eat [commentary]. *New Scientist* 2003;177 (February 22):25.

Nestle M. In praise of the organic environment. *Global Agenda* (World Economic Forum, Davos), 2005:218-219. Reprinted in:

- *Co-op Community News* (Community Food Co-op, Bellingham WA), April 2005
- George-Warren H, ed. *Farm Aid: A Song for America*. Rodale Press, 2005:209-210.

Nestle M. Preventing childhood diabetes: The need for public health intervention [editorial]. *American Journal of Public Health* 2005;95:1497-1499.

Nestle M. Food marketing and childhood obesity—a matter of policy [Perspective]. *New England Journal of Medicine* 2006;354:2527-2528.

Nestle M. Food industry and health: mostly promises, little action. *Lancet* 2006;368:564-565.

Nestle M. Food safety and food security: a matter of public health. *Bija* (India) 2007;45:34-37.

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