

MARION NESTLE, Ph.D., M.P.H.
C.V. March 2017

EDUCATION

- 1954-59 U. California Berkeley, Bacteriology, *Phi Beta Kappa* BA
1963-68 U. California Berkeley, Molecular Biology PhD
1985-86 U. California Berkeley, Public Health Nutrition MPH

HONORARY DEGREES

- 2016 Doctor of Humane Letters, Macaulay Honors College, City University of New York
2012 Doctor of Science *Honoris Causa*, Transylvania University, Kentucky

LICENSE

New York State Certification in Nutrition and Dietetics, License #000007

PRIMARY APPOINTMENTS

- 1988- **New York University, Steinhardt School**
Department of Nutrition, Food Studies & Public Health
2004- Paulette Goddard Professor
2003-04 Professor and Director of Public Health Initiatives
1988-03 Professor and Chair
2006- **New York University, Department of Sociology**, Professor (Affiliated)
2006- **Cornell University, College of Agriculture, Division of Nutritional Sciences** (Affiliated)
2014- **New York University, College of Global Public Health** (Affiliated)

VISITING APPOINTMENTS

- 2017 Instituto Nacional de Salud Publica, Cuernavaca, Mexico, Fulbright Specialist (Spring)
2016 University of Sydney, Charles Perkins Centre, Distinguished Visiting Professor (Spring)
2015 University of California Berkeley, Graduate School of Journalism (Spring)
2007 University of California Berkeley, Graduate School of Journalism (Spring)
2006 University of California, Berkeley, Schools of Public Policy, Public Health, and Journalism
Visiting Professor, Spring Semester

COLUMNIST

- 2008-13 *San Francisco Chronicle*, monthly (first Sunday) [Food Matters column](#)
2012 *Washington Square News*, weekly Nutritionist's Notebook Q and A

INTERNET

- 2010- Twitter @marionnestle
2007- Daily (almost) blog at www.foodpolitics.com. Until 2013, also at [The Atlantic/Life](#)
2008-13 Q&A, Ask Marion at www.eatingliberally.org

PAST APPOINTMENTS

1986-88 **Office of Disease Prevention and Health Promotion,
Department of Health and Human Services, Washington, D.C.**
Staff Director for Nutrition Policy and Senior Nutrition Policy Advisor
Managing Editor, 1988 *Surgeon General's Report on Nutrition and Health*

1976-86 **University of California San Francisco, School of Medicine**

Administrative

Associate Dean, School of Medicine, Human Biology Programs
Administrative Director, Medical Scientist Training Program (MD/PhD)
Director, John Tung/American Cancer Society Clinical Nutrition Education Center

Faculty

1976-85 Lecturer: Biochemistry and Biophysics (1976-85), Medicine (1979-84),
Family and Community Medicine (1984-85)

1985-86 Adjunct Associate Professor, Family and Community Medicine

1983-86 Associated Faculty, Institute for Health Policy Studies

1971-76 **Brandeis University, Waltham, MA**

1971-73 Lecturer in Biology

1974-76 Assistant Professor of Biology

RESEARCH TRAINING

1959-61 Encephalitis Research Laboratory, School of Public Health, UC Berkeley: Research Assistant

1963-68 Department of Molecular Biology, UC Berkeley: Predoctoral Trainee

1968-71 Department of Biology, Brandeis University: Postdoctoral Fellow (Biochemistry, 1968-70;
Developmental Biology, 1970-71)

RESEARCH INTERESTS: PUBLIC HEALTH NUTRITION

- Food and nutrition policy development and analysis (domestic and international), with a focus on dietary guidance, social and environmental influences on food choice, the politics of food safety, the effects of food industry marketing on diet and health, and conflicts of interest introduced by food industry sponsorship of food and nutrition research.
- Communicating information about the links between agriculture, food, nutrition, and health to students, professionals, and the public.

HONORS AND AWARDS (most recent)

2017

- Cooking Light's [30 Faces of the New Healthy](#) (#6)
- [Greatist's most influential 100 people in health and fitness](#) (#26)

2016

- City & State Reports' Responsible 100 Award for work in Food Politics
- Strength Authority's [50 top nutrition blogs](#) (#2)
- Generator Power's [top 30 Eco blogs of 2016](#) (#12)
- Honorary degree, City University of New York's Macaulay Honors College
- Healthline's [The 15 best obesity blogs of 2016](#)

- Academy of Culinary Nutrition's [Top 50 food activists](#) (#2)
- My Evolved Body's [Ten Best Nutrition Books You Should Read in 2016](#), *What to Eat* (#10)
- [James Beard book award](#), writing and literature, *Soda Politics*
- International Association of Culinary Professionals' [Jane Grigson Award for distinguished scholarship](#), *Soda Politics*
- Delta Omega Honorary Public Health Society, Delta Omega Honorary Chapter, elected
- SpoonUniversity's [6 Influential Food Bloggers You Should be Following](#) (#3)
- Greatist's [100 Most Influential People in Health and Fitness](#) (#7)

2015

- She Knows' [20 Women Who Are Making Us Stronger, Healthier, and Happier](#) (#18)
- Food Tank, [Favorite Books of 2015](#), *Soda Politics*
- Edible Manhattan [and](#) Brooklyn, [Favorite Books of 2015](#), *Soda Politics*
- [Civil Eats' 20 Best Food and Farm Books of 2015](#), *Soda Politics*
- Supermarket News' Disruptors 2015: [food industry game changers, shaking up the business world](#)
- American Fitness Professionals & Associates [Top Ten Nutritionists to Follow on Twitter](#) (#10)
- Carnegie Council for Ethics in International Affairs, [Eight Greats for World Food Day, 2015](#)
- [Book of the Day](#), *Soda Politics*
- *Game Changers Uncensored*, Women in Science & Medicine, *Women's Health*, October, p. 146
- Greatist.com's [100 most influential people in health and fitness](#) (#12)
- The Guardian's top 10 [Super Smart Twitter Feeds to Follow Now](#) on Healthcare, Science, and Policy, @marionnestle (#2)
- Greatist.com's [60 must-read fitness blogs](#), *FoodPolitics.com* (#33)
- Healthline's [Best Obesity Health Blogs of the Year](#), *FoodPolitics.com* (#7 of 18)
- ListNutrition's [Top 20 Nutrition Blogs to Follow in 2015](#). *FoodPolitics.com* (#4)

2014

- Greatist.com's [The 100 Most Influential People In Fitness, Health, and Happiness](#) (#10)
- Smart Snacks in School's [Top ten women changing school nutrition](#) (#8)
- NYU Humanities Institute, the Marion Nestle prize for writing a book a year (a joke)
- Good Housekeeping Magazine's [7 women who are changing the way we think about food](#) (#3)
- U.S. Healthful Food Council's annual REAL Food Innovator Award for Nutrition Awareness
- U.S. Healthful Food Council's annual REAL Food Innovator of the Year Award for Responsible Epicurean and Agricultural Leadership
- International Association of Culinary Professionals [book award](#), food matters category, *Eat, Drink, Vote*
- AcademicKeys [Who's Who in Agriculture Higher Education](#)
- Healthline, [Best obesity health blogs of the year](#) (#9 out of 17), *foodpolitics.com*
- Exerscribe [Top 30 influential health bloggers](#) (#15), *foodpolitics.com*
- Eco-Friendly Food Initiative [The 30 Top Nutritionists on Twitter](#) (#20), @marionnestle
- Science Magazine's [Top 100 Science Twitter Stars](#) (#24), @marionnestle
- [EcoSalon's 9 must-read books](#) about food that aren't cookbooks, *Food Politics* (#6)

Honors and Awards, 1994 - 2013 (selected)

- International Association of Culinary Professionals book award, food matters category, *Why Calories Count* (2013)
- James Beard Foundation Leadership Award (2013)

- Distinguished Scholar Award, University of Wisconsin-Whitewater, College of Letters & Sciences (2012)
- Honorary Doctor of Science, Transylvania University (2012)
- Spirit of American Women award, YWCA Syracuse and Onondaga County (2012)
- National Public Health Hero, University of California Berkeley School of Public Health (2011)
- Time Magazine's top 10 twitters in health and sciences, @marionnestle (2011)
- Robert Putnam Social Capital Award, Living Liberally (2010)
- The John Dewey Award for Distinguished Public Service, Bard College (2010)
- Sixth Annual George McGovern Lecture, U.S. Embassy and Food and Agriculture Organization, Rome (2009)
- Public Health Solutions, Policy and Advocacy Solutions Award (2008)
- James Beard Book Award (Reference), *What to Eat* (2007)
- Natural Gourmet Institute Award for Excellence in Health-Supportive Food Education (2007)
- Annual Albert Howard Memorial Lecture, Navdanya Centre, New Delhi, India (2007)
- Annual Lecture in Honor of Sidney Mintz, Anthropology Department, Johns Hopkins, Baltimore (2007)
- California Public Health Association--North, Bridging the Gap Award for Excellence in Science and Public Policy Writing (2006)
- American Association for the Advancement of Science, Fellow (2005)
- National Committee for Quality Assurance 2005 Health Quality Award (2005)
- American Society for Nutritional Sciences, Fellow (2005)
- Daniel E. Griffiths Research Award, NYU Steinhardt School of Education, *Safe Food* (2004)
- Alumna of the Year, University of California Berkeley, School of Public Health (2004)
- American Public Health Association, David P. Rall Award for Advocacy in Public Health (2004)
- Elected Graduation Speaker, University of California School of Public Health, Berkeley (2004)
- Association of American Publishers, Outstanding Professional and Scholarly Titles, Nursing & Allied Health, *Food Politics* (2003)
- James Beard Foundation Book Award (category: Literary), *Food Politics* (2003)
- James Beard Foundation Who's Who in Food and Beverage in America (Lifetime Achievement) (2003)
- World Hunger Year Harry Chapin Media Award (book), *Food Politics* (2003)
- Roundtable for Women in Food Service, Pacesetter Educator of the Year (1999)
- *Eating Well*, Nutrition Educator of the Year (1997)
- American Public Health Association, Food and Nutrition Section, Excellence in Dietary Guidance Award (1994)

PROFESSIONAL MEMBERSHIPS: CURRENT

- American Association for the Advancement of Science
- American Public Health Association
- American Society for Nutrition
- Association for the Study of Food and Society
- British Nutrition Society
- Center for Science in the Public Interest
- Culinary Historians of New York City
- International Association of Culinary Professionals
- James Beard Foundation

- Les Dames d'Escoffier
- New York Academy of Medicine
- New York Academy of Sciences
- Public Health Association of New York City
- Slow Food USA
- World Public Health Nutrition Association

PROFESSIONAL COMMITTEES

Current

- 2017 Nominating committee, Feed the Truth
- 2016- Nominating committee, Heinz Family Foundation Awards
- 2015- Rodale's Organic Life, Brain Trust
- 2014- Publications Board, American Public Health Association
- 2014- World Obesity Policy & Prevention, Scientific and Technical Advisory
- 2014- University of California Berkeley, New York Metro Committee
- 2013- The Daily Meal, Culinary Council
- 2013- Cornell Cooperative Extension Applied Research Awards, Evaluator
- 2011- National Wellness Directory, Board of Directors
- 2011- James Beard Foundation, Leadership Awards Committee
- 2011- Prevention Institute Advisory Board
- 2010- Corporate Accountability/Value the Meal Advisory Board
- 2010- Food and Environment Reporting Network, Nation Institute, Advisory Board
- 2010- In Defense of Food (film) scientific advisory committee
- 2010- Edible Schoolyard, New York PS 216, Advisory Board
- 2009- Commission on Federal Leadership in U.S. Health and Medicine, Center for the Study of the Presidency and Congress
- 2009- Who's Who Committee, James Beard Foundation
- 2008- Lancet Advisory Board
- 2005- Chez Panisse Foundation, Advisory Board
- 2002- California Center for Public Health Advocacy, scientific advisor
- 1998- New York Hall of Science, Distinguished Science Sponsor
- 1995- Harvard Business School and J.F. Kennedy School of Government, Private and Public, Scientific, Academic and Consumer Food Policy Committee (PAPSAC)

Past (Selected)

- 2012 National Resources Defense Council Growing Green Awards advisory committee
- 2012 Leverhulme Centre for Integrative Research on Agriculture and Health (LCIRAH), advisory committee
- 2008-10 Botany of Desire (film), scientific advisory committee
- 2006-08 Pew Commission on Industrial Farm Animal Production and Public Health
- 2005 Slow Food, USA, Advisory Board
- 2004-16 Union of Concerned Scientists, Advisory Board
- 2002 New York State Health Department heart disease prevention plan, chair
- 2000-07 Data Management Committee, WHELPS clinical trial, University of California San Diego Cancer Center
- 1998-01 FDA Science Advisory Board
- 1995-96 American Cancer Society, Prevention Subcommittee on Nutrition; Dietary Guidelines

Committee, Chair

- 1994-95 DHHS/USDA Dietary Guidelines Advisory Committee
- 1993-97 New York State Commission on Dietetics and Nutrition
- 1992-95 FDA Food Advisory Committee
- 1991-93 National Association for Public Health Policy, Council on Food Policy, *Vice-Chair*
- 1990-91 U.S. Olympic Committee, Council on Sports Medicine and Science, Nutrition Subcommittee
- 1988-94 New York Academy of Medicine, Subcommittee on Nutrition Education, *Chair* (1992-93)
- 1988-93 Center for Science in the Public Interest, Board of Directors
- 1986-88 DHHS Nutrition Policy Board, *Staff Director*
- 1976-86 California Nutrition Council
- 1976-86 Episcopal Sanctuary Advisory Board

MISCELLANEOUS PROFESSIONAL SERVICEJudge

- 2014 Sylvia Center Latke contest
- 2014 Edible Communities Eddy awards
- 2014 USDA Judging Panel, Amber Waves
- 2013- James Beard Journalism awards

EDITORIAL OR JOURNAL ADVISORY BOARDS (Current)U.S.

- *Cooking Light*
- *Eating Well*
- *Gastronomica*
- *Journal of Public Health Policy*

International

- *BMJ Food Council* (U.K.)
- *The Lancet Advisory Board* (U.K.)
- *Journal of Culinary Science & Technology* (Dublin)
- *Food and Foodways* (U.K.)

Manuscript reviews (Recent)

- American Journal of Clinical Nutrition
- American Journal of Public Health
- BMC Public Health
- BMJ
- JAMA
- JAMA Internal Medicine
- Journal of Health Psychology
- Journal of Public Health Policy
- Lancet
- Milbank Quarterly
- National Academy of Medicine
- New England Journal of Medicine
- Oxford University Press
- PLoS Medicine

- PLoS One
- Public Health Nutrition
- Routledge Books
- University of California Press

INTERNATIONAL CONSULTING

- 2017 Fulbright Specialist Award
 2015 Lecturer, U.S. State Department, Italy
 2002-05 World Health Organization (WHO), Geneva
 1995 WHO Regional Office for Europe, Copenhagen
 1989 Hungarian Ministry of Health and Social Welfare, Budapest
 1990 Ministry of Health, Havana
 1991 WHO Regional Office for Europe, Health Ministry of Mauritius
 1986 U.S. Agency for International Development, Bangkok and Jakarta

NEW YORK UNIVERSITY SERVICE (Selected)

- 2013 Catherine Ross Chair selection committee
 2013 Steinhardt Strategic Plan Wellness committee, *chair*
 2009 Agnew Chair Ad Hoc selection committee, Steinhardt School
 2008- Society of Fellows
 2008-11 Committee on Promotion and Tenure, Steinhardt School
 2007-11 Dean's advisory committee, Steinhardt School
 2004-05 Committee on Promotion and Tenure, Steinhardt School of Education
 2004- Faculty Collections Advisory Committee, Bobst Library
 2003-04 Steering Committee, Global MPH Program
 1996-98 Committee on Promotion and Tenure, School of Education (*Chair*, 1998)
 1995-98 Whitehead Faculty Fellowship Review Committee
 1991-98 Curriculum Challenge Grant review committee
 1988-92 Wagner School of Public Service, Advanced Management Program for Clinicians, advisory Committee

TEACHING EXPERIENCE

NYU 2005-16

- Nutrition in public health (NYU, Department of Nutrition, Food Studies, and Public Health, fall 2005, 2006, 2008 (graduate); spring 2008 (undergraduate))
- Nutrition in food studies (NYU, spring 2009)
- Food and nutrition policy (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Food politics (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Interpreting science (Graduate School of Journalism, UC Berkeley, spring 2007 and 2015)
- Food policy (NYU, spring 2005, fall 2010, fall 2012, fall 2013, fall 2015)
- Food sociology (NYU, fall 2007, fall 2009, fall 2011)
- Food ethics (NYU, spring 2010)
- Food writing (NYU, spring 2012)
- Food advocacy (NYU, spring 2013, spring 2014, spring 2016)

University of California, Berkeley. Graduate School of Journalism, 2007 and 2015

Workshop on interpretation of emerging science in food and nutrition

University of California San Francisco School of Medicine: 1976-86

Cell structure and function

Biochemistry

Clinical nutrition: medicine, pediatrics, obstetrics and gynecology, family & community medicine

Brandeis University: 1968-76

Introductory biology, lecture and laboratory

Cell biology

Research laboratory studies: invertebrate and vertebrate zoology, botany

Introductory nutrition

INVITED PRESENTATIONS: 2016-2017**2016**

Jan 18 Auckland: University of Auckland School of Population Health

Jan 27 Sydney: Australian Nutrition Society

Feb 22 Melbourne: Deakin University Conference, **Keynote**

Feb 24 Melbourne: University of Melbourne public lecture

Mar 1 Sydney: University of Sydney **Nicholas Catchlove annual lecture**

Mar 7 Sydney: NYU-Sydney Environmental science class

Mar 8 Sydney: University of Sydney, Charles Perkins Centre

Mar 14 Sydney: NYU Sydney honors class

Mar 21 Akron, OH: University of Ohio, College of Arts & Sciences Forum, **Frontiers in Science Lecture**

Mar 23 NYU: FOOD-UE 1118 Research in Food Studies

Mar 24 NYU: Wagner Food Policy Alliance, panel

Mar 30 Kearney, NE: U Nebraska, **Keynote**

Apr 7 Hempstead, NY: Hofstra University, **Keynote**

Apr 13 Mexico City: Colegio de Ingenieros Civiles de Mexico

Apr 14 Mexico City: Press conference: El Poder del Consumidor

Apr 18 NYU: Sustainability student group, panel

Apr 20 Long Branch, NJ: WEforum Monmouth Medical Center, **Keynote**

Apr 25 Washington DC: American Society for Nutrition's Committee on Trust in Science

Apr 27 Ithaca, NY: Cornell University Mann Library series, Soda Politics

Apr 28 Binghamton, NY: SUNY Binghamton lecture on Soda Politics

May 12 NYU: Steinhardt doctoral graduation remarks

June 1 New York: Preventive Medicine Grand Rounds, Mt Sinai

June 8 New York: CUNY Macaulay Honors College, **Commencement address**

June 20 Tel Aviv, Israel, Conference on sustainable food systems, **keynote**

June 21 Tel Aviv, Israel, Conference on sustainable food systems, on-stage interview

July 20 Getxo, Spain: Summer Academy in global Food Law and Policy, **keynote**

Sept 20 New York, book talk about Soda Politics

Sept 23 Turin, Italy, Terra Madre Salone del Gusto panel

Sept 24 Turin, Italy, Terra Madre Salone del Gusto

Sept 26 New York, benefit for Food and Environment Reporting Network

Sept 30 New York, Public health nutrition lecture and panel

Oct 6 Pittsburgh: Women for a healthy environment, **keynote**
 Oct 20 Paris, France: Unigrains conference panel
 Oct 28 Washington DC: Smithsonian food history panel
 Nov 1 NYU food studies alumni
 Nov 10 Brooklyn, book talk at Museum of Food and Drink
 Nov 17 NYU, department of sociology undergraduates
 Nov 18 NYU, lecture to department on work in progress
 Nov 20 Cambridge, MA: PAPSAC
 Nov 29 Seattle: Healthy Food America
 Dec 1 Anchorage AK: Alaska Native Diabetes Conference, **keynote**
 Dec 2 Barrow, AK: Tuzzy Library talk
 Dec 9 Stockholm, Sweden: Nobel Week Dialogue lecture and panel
 Dec 13 New York: Feeding Gotham panel on food policy

2017

Jan 18 Davos: World Economic Forum, lecture on food politics
 Jan 18 Davos: World Economic Forum, panel on sustainable food
 Jan 20 Davos: World Economic Forum, panel on sustainable food
 Feb 22 Miami: Miami-Dade College conference on the Better Food Movement
 Feb 23 Cuernavaca: Institute of Public Health on soda policy
 Feb 24 Cuernavaca: Institute of Public Health on junk food policy
 Feb 27 Cuernavaca: Institute of Public Health on conflicts of interest
 Feb 28 Cuernavaca: Institute of Public Health on research priorities
 Mar 3 Cuernavaca: Institute of Public Health 17th Congress on Public Health

MOVIE APPEARANCES

- 2015 In Defense of Food
- 2014 Fed Up
- 2012 A Place at the Table
- 2012 [Globesity - Fat's New Frontier](#)
- 2010 Truck Farm
- 2004 Super Size Me!

PUBLICATIONS

Thesis

Nestle M. Purification and properties of a nuclease from *Serratia marcescens*. Berkeley: University of California 1968.

Books

- 2015 Nestle M. *Soda Politics: Taking on Big Soda (and Winning)*. Oxford University Press, 508 pages.
- 2013 Nestle M. *Eat, Drink, Vote: An Illustrated Guide to Food Politics*. Rodale Books, 201 pages.
- 2012 Nestle M, Nesheim MC. *Why Calories Count: From Science to Politics*. University of California Press, 288 pages.
- Paperback edition: University of California Press, 2013.
- 2010 Nestle M, Nesheim MC. *Feed Your Pet Right*. New York: Free Press/Simon & Schuster, 376 pages.
- 2008 Nestle M. *Pet Food Politics: The Chihuahua in the Coal Mine*. Berkeley: University of California Press, 219 pages.
- Paperback edition: University of California Press, 2010.
- 2006 Nestle M. *What to Eat*. New York: North Point Press (Farrar, Straus and Giroux), 611 pages.
- Paperback edition: 2007
 - Hebrew edition, Tel Aviv: Modan and Kineret Publishers, 2007.
- 2003 Nestle M. *Safe Food: Bacteria, Biotechnology, and Bioterrorism*. Berkeley: University of California Press, 350 pages.
- Paperback edition: University of California Press, 2004
 - Chinese edition: (Huang Yu-Tong et al, translators, simplified characters) Social Science Academic Press, Beijing, 2004
 - Japanese edition (Tamako Hirose and Hiroko Kubata, translators), Iwanami Shoten, Tokyo, 2009.
 - Revised edition: Nestle M. *Safe Food: The Politics of Food Safety*. University of California Press, 2010: 379 pages.
- 2002 Nestle M. *Food Politics: How the Food Industry Influences Nutrition and Health*. Berkeley: University of California Press, 457 pages.
- Paperback edition: University of California Press, 2003.
 - Chinese edition: Social Sciences Academic Press, Beijing (Liu Wenjun et al, translators, simplified characters) 2004.
 - Japanese edition: Tokyo: Tuttle-Mori Agency, Inc, 2005.
 - Revised edition, University of California Press, 2007
 - Tenth anniversary edition, University of California Press, 2013: 510 pages.
- 1985 Nestle M. *Nutrition in Clinical Practice*. Greenbrae CA: Jones Medical Publications, 328 pages.
- Asian edition: Maruzen Publishers, Singapore, 1986
 - Greek edition: G.K. Parisianes Publisher, Athens, 1987

Edited Books, Journals, Reports

Williams SN, Nestle M, editors. *Big Food: Critical perspectives on the global growth of the food and beverage industry*. Routledge, 2016, 166 pages.

Williams SN, Nestle M, guest eds. ["Big Food": Critical perspectives on the global growth of the food and beverage industry](#). *Critical Public Health* 2015;25:245-372.

Nestle M, Stuckler D, guest eds. [PLoS Medicine Series on Big Food](#). *PLoS Medicine*, June 19, 26, and July 3, 2012; info:doi/10.1371/journal.pmed.

Nestle M, Dixon LB, eds. *Taking Sides: Clashing Views on Controversial Issues in Nutrition and Food*, New York: McGraw Hill/Dushkin, 2004.

American Cancer Society 1996 Advisory Committee on Diet, Nutrition, and Cancer Prevention [Chair]. *Guidelines on Diet, Nutrition, and Cancer Prevention: Reducing the Risk of Cancer with Healthy Food Choices and Physical Activity*. Revised, March 1999.

Nestle M, ed. Mediterranean diets: science and policy implications. *American Journal of Clinical Nutrition* 1995;61(suppl):1313s-1427s.

Department of Health and Human Services, Public Health Service. *The Surgeon General's Report on Nutrition and Health*. Publ. No. (PHS) 88-50210. Washington DC: U.S. Government Printing Office, 1988, 712 pages [Managing Editor].

- Reprint: Prima Publishing, 1989.
- Reprint: Warner Books, 1989.

PUBLISHED ARTICLES, SELECTED, SINCE THE MID-1990s

Professional Articles (Selected)

Nestle M. Eating made simple: How do you cope with a mountain of conflicting diet advice? *Scientific American*, Special Collector's Edition, The Science of Food. [Summer 2015:38-45](#).

Blumenthal SJ, Hoffnagle EE, Leung CW, Lofink H, Jensen HH, Foerster SB, Cheung LWY, Nestle M, Willett WC. Strategies to improve the dietary quality of supplemental nutrition assistance program (SNAP) beneficiaries: An assessment of stakeholder opinions. *Public Health Nutrition* 2013.

Leung C, Blumenthal S, Hoffnagle E, Jensen H, Foerster S, Nestle M, Cheung L, Mozaffarian D, Willett W. Associations of food stamp participation with obesity and dietary quality among low-income children. *Pediatrics* 2013;131:463-472.

Isoldi KK, Dalton S, Rodriguez DP, Nestle M. Classroom "cupcake" celebrations: observations of foods offered and consumed. *Journal of Nutrition Education and Behavior* 2012;Jan/Feb: posted online (doi:10.1016/j.jneb.2011.03.144).

Nestle M. Interview with C. Warren: Big food, big agra, and the research university. *Academe* 2010;November-December:47-49.

- Nestle M. Doctor's orders: What should doctors tell patients about nutrition? *San Francisco Medicine* 2010;83 (November):10,14.
- Nestle M. Writing the food studies movement. *Food, Culture, and Society* 2010;13(2):159-168.
- Joseph M, Nestle M. The ethics of food. *Lahey Clinic Journal of Medical Ethics* 2009;16(1):1-7.
- Nestle M. Reading the food social movement. *World Literature Today* 2009;January-February:37-39.
- Nestle M. Eating made simple. *Scientific American*, September 2007:60-69.
- Young L, Nestle M. Portion sizes and obesity: Response of fast food companies. *Journal of Public Health Policy* 2007;28:238-248.
- Lewin A, Lindstrom L, Nestle M. Food industry promises to address childhood obesity: preliminary evaluation. *Journal of Public Health Policy* 2006;27:327-348.
- Young L, Nestle M. Expanding portion sizes in the U.S. marketplace: Implications for nutrition counseling. *Journal of the American Dietetic Association* 2003;103:231-234.
- Byers T, Nestle M, McTeirnan A, Doyle C, Currie-Williams A, Gansler T, Thun M, and the American Cancer Society 2001 Nutrition and Physical Activity Guidelines Advisory Committee. American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention: Reducing the Risk of Cancer with Healthy Food Choices and Physical Activity. *CA Cancer Journal for Clinicians* 2002;52:92-119.
- Young LR, Nestle M. The contribution of expanding portion sizes to the U.S. obesity epidemic. *American Journal of Public Health* 2002;92:246-249.
- Nestle M. Food company sponsorship of nutrition research and professional activities: A conflict of interest? *Public Health Nutrition* 2001;4:1015-1022.
- Kumanyika SK, Morssink CB, Nestle M. Minority women and advocacy for women's health. *American Journal of Public Health* 2001;91:1383-1388.
- Nestle M. Ethical dilemmas in choosing a healthful diet: Vote with your fork! *Proceedings of the Nutrition Society (U.K.)* 2000;59:619-629.
- Nestle M. Soft drink "pouring rights:" marketing empty calories. *Public Health Reports* 2000;115:308-319.
- Nestle M, Jacobson MF. Halting the obesity epidemic: A public health policy approach. *Public Health Reports* 2000;115:12-24.
- Reprinted (in part) in: *Nutrition Week*, 2000.
- Reprinted in: Klimis-Zacas DJ, ed. *Annual Editions: Nutrition*, 13th ed, 2001-2002. Guilford, CT: McGraw-Hill/Dushkin, 2001:102-110.
- Reprinted in: *The Snail*, December 2003.

Nestle M. Dietary supplement advertising: a matter of politics, not science. *Journal of Nutrition Education* 1999;31:278-282.

Nestle M. Meat or wheat for the next millennium? Plenary lecture: animal v. plant foods in human diets and health: is the historical record unequivocal? *Proceedings of the Nutrition Society (U.K.)* 1999;58:211-218.

Nestle M. Hunger in America: A Matter of Policy. *Social Research* 1999;66(1): 257-282.

Nestle M, Woteki C. Interpretation of dietary change in the United States: fat as an indicator. *Appetite* 1999;32:107-112.

Nestle M. In defense of the USDA Food Guide Pyramid. *Nutrition Today*, 1998;33(5):189-197.

Nestle M. The selling of olestra. *Public Health Reports* 1998;113:508-520.

Singer AJ, Werther K, Nestle M. Improvements are needed in hospital diets to meet dietary guidelines for health promotion and disease prevention. *Journal of the American Dietetic Association* 1998;98:639-641.

Nestle M, Wing R, Birch L, et al. Behavioral and social influences on food choice. *Nutrition Reviews* 1998;56:s50-s64.

Young LR, Nestle M. Variation in perceptions of a "medium" food portion: implications for dietary guidance. *Journal of the American Dietetic Association* 1998;98:458-459.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Nutrition Today* 1997;32(2):86-92.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Social History of Alcohol Review* 1996;32-33:45-59. Reprinted in: *Nutrition Today*, 1997

Rose D, Nestle M. Welfare reform and nutrition education: alternative strategies to address the challenges of the future. *Journal of Nutrition Education* 1996;29:61-66.

Young LR, Nestle M. Food labels consistently underestimate the actual weights of single-serving baked products. *Journal of the American Dietetic Association* 1995;95:1150-1151.

Young LR, Nestle M. Portion sizes in dietary assessment: issues and policy implications. *Nutrition Reviews* 1995;53:149-158.

Mueller C, Nestle M. Regulation of medical foods: toward a rational policy. *Nutrition in Clinical Practice* 1995;10(1):8-15.

Nestle M, Dalton S. Food aid and international hunger crises: the United States in Somalia. *Agriculture and Human Values* 1994;11(4):19-27.

Nestle M. Folate and neural tube defects: policy implications. *Journal of Nutrition Education* 1994;26:287-293.

Nestle M. Traditional models of healthy eating: alternatives to techno-food. *Journal of Nutrition Education* 1994;26:241-245.

Nestle M. The law and nutrition. *New York State Bar Journal* 1994;May/June:38-41.

Professional Editorials and Commentary (Selected)

Delisle H, Nestle M, Besançon S. Rethinking nutritional policies in developing countries taking into account the double burden of malnutrition. [Ideas for Development](#), October 18, 2016.

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