

14th Nestlé International Nutrition Symposium

Dietary Lipids and Carbohydrates - Impact on Human Health

Nestlé Research Center, Lausanne, 27-29 September 2017

Wednesday, 27 September 2017

- 17:30 "Apéritif Scientifique" at the "Beau-Rivage Palace Hotel", Lausanne
19:00 Welcome Buffet
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Thursday, 28 September 2017

- 08:00 Bus departure from Beau-Rivage Palace Hotel
08:50 Welcome to the 14th Nestlé International Nutrition Symposium
Stefan Palzer, Director, Nestlé Research Center
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Health, Advocacy and Dietary guidelines

Session 1

- 09:00 **Session Chair: Adam Drewnowski**, University of Washington, Seattle, USA, Nestlé Nutrition Council
09:15 **Marion Nestle**, New York University, USA
Nutrition advocacy in action: the politics of sugar vs. fat
10:00 **Barbara Schneeman**, University of California, Davis, USA
Fat and carbohydrate recommendations - Have they changed?
10:45 Break
11:15 **Nancy Brown**, American Heart Association, Dallas, USA
Promoting equitable health and wellbeing around the globe
12:00 Panel discussion
12:15 Buffet Lunch
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Demographics and Epidemiology

Session 2

- 13:30 **Session Chair: Greg Behar**, Nestlé Executive Board Member, CEO, Nestlé Health Science
13:45 **Sir Stephen Bloom**, Imperial College London, England
Gut hormones and nutrition
14:30 **Elio Riboli**, Imperial College London, England
Nutrition, metabolic health, cancer and NCDs
15:15 Break
15:45 **Wendy Oddy**, Menzies Institute for Medical Research, University of Tasmania, Hobart, Australia
Infant and child nutrition and cognitive development
16:30 Panel discussion
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- 16:45 Bus departure to the hotel

Evening

- 18:45 Bus departure from Hotel to Vevey "nest"
19:15 Cocktail & Formal Dinner at Nestlé Museum "nest"
Dinner speech: **Mark Schneider**, Chief Executive Officer, Nestlé S.A.
22:15 Bus departure to the hotel
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Friday, 29 September 2017

08:00 Bus departure from Beau-Rivage Palace Hotel

Food intake in Health & Disease

Session 3

- 09:00 **Session Chair: Heiko Schipper**, Nestlé Executive Board Member, Head of Nestlé Nutrition
- 09:15 **Ramnik Xavier**, Massachusetts General Hospital, Boston, USA
Microbes, metabolism and autoimmunity
- 10:00 **Luc Tappy**, University of Lausanne, Switzerland
Lipid metabolism in high fructose fed humans
- 10:45 Break
- 11:00 **Dennis Bier**, Children's Nutrition Research Center, Baylor College of Medicine, Houston, USA
Food, health and disease: The evidence and reporting the evidence
- 11:45 Panel discussion
- 12:00 Buffet Lunch
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Calorie control

Session 4

- 12:45 **Session Chair: Marco Settembri**, Nestlé Executive Board Member, Head of Zone EMENA
- 13:00 **David Allison**, Indiana University School of Public Health, Bloomington, USA
Deeper down the rabbit hole of data, analysis, and inference errors and suggestions for digging back out
- 13:45 **Harvey Grill**, University of Pennsylvania, Philadelphia, USA
Neural circuits of food intake - is it all about calories?
- 14:30 Panel discussion
- 14:45 Break
- 15:00 Keynote: **Charles Zuker**, Columbia University, New York, USA
The biology of taste
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Concluding Remarks

- 15:45 **Stefan Catsicas**, Chief Technology Officer, Nestlé S.A.
- 16:00 End of Symposium
- 16:15 Bus departure to Geneva Airport
Bus departure to Lausanne railway station
Bus departure to Beau-Rivage Palace Hotel